

## SA Level 2 Regional Age Group Champs 2024-NC - 26/03/2024 to 28/03/2024

## Psych Sheet

#101 Men 19 & Under 50 LC Meter Breaststroke				#102 Women 19 & Under 50 LC Meter Breaststroke				#103 Men 19 & Under 100 LC Meter Freestyle			
Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time
1 Steyl, Douw L	17	UPSK-ZM	33.53	1 De Villiers, Jannae	15	PRKA-PS	40.10	1 Ludik, Stephan E	16	KTS-JT	59.39
2 Morgan, Shaun	16	VALS-FD	34.38	2 Fourie, Eunice	16	BLSS-MA	41.40	2 Morgan, Shaun	16	VALS-FD	59.47
3 Gouws, Duan	15	RBOT-BP	35.66	3 Pool, Johandri	13	BLSS-MA	41.98	3 Kuhn, Jacques J	18	KTS-JT	59.76
4 Pretorius, Milan	15	VALS-FD	36.59	4 Swartz, Ezra	12	BULS-MA	42.65	4 Steyl, Douw L	17	UPSK-ZM	59.96
5 Mojapelo, Lethabo T	16	RBOT-BP	36.66	5 Welgemoed, Kayla	15	VALS-FD	42.70	5 James, Abongile M	15	RBOT-BP	1:00.95
6 Rousseau, Francois D	17	NWUC-KK	38.40	6 Wessels, Janika	13	BLOT-MA	42.73	6 Van Niekerk, Daniel	15	GHSK-FB	1:01.29
7 Ludik, Stephan E	16	KTS-JT	38.47	7 Van Rooyen, Michaela	16	BLSS-MA	43.08	7 Mojapelo, Lethabo T	16	RBOT-BP	1:01.89
8 Fourie, Reardon E	15	BULS-MA	39.11	8 Fourie, Lois	16	BLSS-MA	43.44	8 Pretorius, Milan	15	VALS-FD	1:02.48
9 James, Abongile M	15	RBOT-BP	39.30	9 de Wet, Liane'	14	BULS-MA	43.67	9 Steyn, Le Roux L	16	GHSK-FB	1:02.65
10 Boshoff, Arno	15	UPSK-ZM	39.79	10 Lensing, Marlo	14	UPSK-ZM	43.83	10 Gouws, Duan	15	RBOT-BP	1:03.68
11 Pretorius, Xander A	15	TNDER-FD	39.82	11 Hunter, Willow	13	BULS-MA	43.87	11 Niemand, Gideon J	15	UPSK-ZM	1:03.83
12 Van Rensburg, Brian J	16	BLNE-MA	40.04	12 Welgemoed, Cala	15	VALS-FD	44.44	12 Mostert, Charl	16	RBOT-BP	1:04.83
13 Brink, Dregan	15	TNDER-FD	40.24	13 Jackson, Kelly	17	BLSS-MA	44.83	13 Geyser, Heinrich	16	BLNE-MA	1:05.44
14 Scholtz, Neldus C	16	STELL-RM	40.39	14 Laubscher, Shy X	15	WELA-LL	45.01	14 Rousseau, Francois D	17	NWUC-KK	1:06.84
15 Fredericks, Joshua I	15	GHSK-FB	41.19	15 Davies, Ashleigh	15	WELA-LL	45.02	15 Pretorius, Xander A	15	TNDER-FD	1:06.86
16 Van Staden, Albert J	13	WELA-LL	41.76	16 Coetzer, Robynn	13	RBOT-BP	45.02				
17 Moepeng, Botlokwa	15	MATL-KK	41.91	17 Serfontein, Annika E	17	VALS-FD	45.08				
18 Reetsang, Reatile	14	ISSC-NM	42.29	18 Du Randt, Elanri	14	BETH-FD	45.19				
19 Niemand, Gideon J	15	UPSK-ZM	42.48	19 Pretorius, Mekayla	15	HWSK-FB	45.23				
20 Mbamali, Rea K	14	PELIC-MA	42.65	20 Landman, Cameron	16	BETH-FD	45.31				
21 April, Lorenzo M	16	TRALI-MA	42.79	21 Du Plessis, Jenna P	16	BLSS-MA	45.34				
22 Smuts, Darian S	17	GHSK-FB	42.92	22 Koen, Mia	14	BULS-MA	45.41				
23 Tiedt, NJ J	13	GHSK-FB	42.92	23 Makatiers, Ontshiametse	12	RBOT-BP	45.69				
24 Geyser, Heinrich	16	BLNE-MA	43.24	24 Pienaar, Mia	14	BULS-MA	45.72				
25 DU Plessis, Dale	12	BLSS-MA	43.33	25 Muller, Xanri	14	GHSK-FB	46.04				
26 Radford, Charles J	13	UPSK-ZM	43.58	26 Fernandes, Angelina M	12	WSS-LL	46.10				
27 Kruger, WJ	16	BETH-FD	43.83	27 Viljoen, Johane	16	BLNE-MA	46.14				
28 Guddisa, Elrohi	14	BLNE-MA	43.86	28 Cullen, Abi	15	WELA-LL	46.23				
29 Van der Bijl, Almero	13	BLNE-MA	43.91	29 Bloem, Umari	12	BLOT-MA	46.31				
30 Mario, Paulo M	13	KALA-JT	45.74	30 Myburgh, Emmah	14	UPSK-ZM	46.44				
31 Greeve, Nicolas N	14	MATL-KK	45.88	31 Vorster, Arinda	12	BS-LL	46.54				
32 Muller, Ihan	14	BLSS-MA	45.98	32 Wilken, Marine	13	VALS-FD	46.60				
33 Mostert, Stian	12	FAAC-FB	46.36	33 Solomon, Anja	12	KALA-JT	46.71				
34 Scott, Logan W	10	BLSS-MA	46.45	34 Van Niekerk, Dayna	13	BLNE-MA	46.79				
35 Du Toit, Adriaan	12	WELA-LL	46.59	35 Dippenaar, Melinda	14	BS-LL	46.94				
36 Jansen, Lee-Rone	12	KALA-JT	47.17	36 Ferreira, Lisa	12	BULS-MA	46.97				
37 Botha, Lian	11	BS-LL	47.28	37 Thomson, Tamsyn	13	BULS-MA	47.00				
38 Vermaak, Dirk	12	WELA-LL	47.50	38 Welgemoed, Isabelle	13	BLSS-MA	47.02				
39 De Witt, Simon	13	STGR-XR	47.92	39 Kirsten, Jesse	14	BLOT-MA	47.11				
40 Cloete, Jomar H	13	STGR-XR	48.53	40 Volschenk, Anja	14	BLSS-MA	47.55				
41 Visser, Henrikus M	13	KALA-JT	48.56	41 Schutte, Clarrisa	13	BULS-MA	47.63				
42 Savvas, Chris	13	WSS-LL	48.80	42 Prins, Tiffany C	13	KTS-JT	47.69				
43 Pretorius, Heinrich	15	KALA-JT	48.87	43 Le Roux, Monique	13	KALA-JT	47.80				
44 Tredoux, Jandre E	12	BLNE-MA	48.93	44 Rossouw, Lechelle	13	BLNE-MA	47.82				
45 Swart, Petrus J	9	BLNE-MA	49.41	45 Strong, Kimberley S	15	KTS-JT	47.90				
46 Rentzke, Jacques B	9	STAR-BP	49.50	46 James, Emihle	12	RBOT-BP	48.15				
47 Basson, Noland	11	BLSS-MA	49.80	47 Boshoff, Mieke	13	UPSK-ZM	48.50				
48 Steenkamp, Rainard O	12	BETH-FD	49.87	48 Prinsloo, Anieke	14	BETH-FD	48.57				
49 Perry, A.D D	10	BLNE-MA	50.58								
50 Esterhuysen, Gerco N	10	BLSS-MA	50.76								
51 Bester, JC C	11	BULS-MA	50.76								
52 Potgieter, Luan	12	BULS-MA	50.99								
53 Mathane, Declan C	10	GHSK-FB	51.12								
54 Bakkes, Liam	10	BULS-MA	51.34								
55 Claassen, Adriaan S	12	VALS-FD	51.51								
56 Nagel, Gideon P	10	BLSS-MA	51.95								
57 Maree, Lohan L	9	BLNE-MA	52.11								
58 Nel, Dirk	10	WELA-LL	52.23								
59 Van Niekerk, Alexander P	11	BLSS-MA	52.34								
60 Bredenkamp, Milne M	11	BS-LL	53.16								
61 Kotzé, Izak F	11	BS-LL	53.31								
62 Jacobs, Willem	10	NWUC-KK	53.38								
63 Cockeran, CJ J	11	KALA-JT	53.39								
64 Kruger, Rikhardt	12	UPSK-ZM	53.77								

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## Psych Sheet

## #103 ... (Men 19 &amp; Under 100 LC Meter Freestyle)

16	Daniel, Maltwood	17	HWSK-FB	1:07.28
17	Van Rensburg, Brian J	16	BLNE-MA	1:07.31
18	Kruger, WJ	16	BETH-FD	1:08.72
19	Jonker, JJ J	18	TLAC-BP	1:09.14
20	Greeve, Nicolas N	14	MATL-KK	1:10.12
21	Pretorius, Heinrich	15	KALA-JT	1:11.42
22	Radford, Charles J	13	UPSK-ZM	1:11.48
23	Fourie, Reardon E	15	BULS-MA	1:11.55
24	Guddisa, Elrohi	14	BLNE-MA	1:11.62
25	Van Staden, Albert J	13	WELA-LL	1:12.05
26	Smuts, Darian S	17	GHSK-FB	1:12.84
27	Van der Bijl, Almero	13	BLNE-MA	1:13.02
28	April, Lorenzo M	16	TRALI-MA	1:13.65
29	Bergh, Ian	13	BLOT-MA	1:13.81
30	Moepeng, Botlokwa	15	MATL-KK	1:14.18
31	Tiedt, NJ J	13	GHSK-FB	1:14.27
32	Brink, Dregan	15	TNDER-FD	1:15.03
33	Reetsang, Reatile	14	ISSC-NM	1:15.43
34	Cronje, Jovan	12	KTS-JT	1:16.16
35	Perry, A.D D	10	BLNE-MA	1:17.46
36	Muller, Ihan	14	BLSS-MA	1:18.32
37	Nel, Dirk	10	WELA-LL	1:18.35
38	Maree, Lohan L	9	BLNE-MA	1:19.54
39	Du Toit, Adriaan	12	WELA-LL	1:20.06
40	Visser, Henrikus M	13	KALA-JT	1:20.06
41	Labuschagne, Arno J	13	NWUC-KK	1:20.21
42	Mostert, Stian	12	FAAC-FB	1:20.23
43	Coetzer, Jacques	11	BLOT-MA	1:20.34
44	Bredenkamp, Milne M	11	BS-LL	1:20.90
45	Bergh, Ruan	10	BLOT-MA	1:21.21
46	Swart, Petrus J	9	BLNE-MA	1:21.36
47	Dzanibe, Siya	14	STAR-BP	1:22.15
48	Botha, Lian	11	BS-LL	1:23.10
49	Mbamali, Rea K	14	PELIC-MA	1:23.27
50	Boshoff, Arno	15	UPSK-ZM	1:23.40
51	du Preez, Hendre	13	BULS-MA	1:24.00
52	Jacobs, Willem	10	NWUC-KK	1:24.71
53	Nagel, Gideon P	10	BLSS-MA	1:25.16
54	Kruger, Rikhardt	12	UPSK-ZM	1:25.16
55	Scott, Logan W	10	BLSS-MA	1:25.20
56	Bester, JC C	11	BULS-MA	1:27.08
57	van Zyl, Hanco	11	BS-LL	1:27.79
58	Savvas, Chris	13	WSS-LL	1:27.96
59	Van Niekerk, Alexander P	11	BLSS-MA	1:29.49
60	Mario, Paulo M	13	KALA-JT	1:29.53
61	Jansen, Lee-Rone	12	KALA-JT	1:29.69
62	Steyl, Kayden L	11	BLSS-MA	1:30.01
63	Steenkamp, Rainard O	12	BETH-FD	1:30.18
64	Moalosi, Moalosi	11	PELIC-MA	1:30.38
65	de Vries, Jan-Hendrik	10	BLOT-MA	1:30.74
66	Kotzé, Izak F	11	BS-LL	1:31.06
67	Esterhuysen, Gerco N	10	BLSS-MA	1:31.15
68	Tredoux, Jandre E	12	BLNE-MA	1:31.19
69	Vermaak, Dirk	12	WELA-LL	1:32.13
70	Rentzke, Jacques B	9	STAR-BP	1:32.16
71	Mathane, Declan C	10	GHSK-FB	1:32.68
72	Basson, Noland	11	BLSS-MA	1:33.01
73	Maartens, Gustav	11	VALS-FD	1:33.64
74	Mostert, Christiaan	9	FAAC-FB	1:33.85
75	Bakkes, Liam	10	BULS-MA	1:34.85
76	Potgieter, Luan	12	BULS-MA	1:36.59
77	Bird, Peter R	10	PELIC-MA	1:37.33
78	Louw, André J	10	KALA-JT	1:37.87
79	Claassen, Adriaan S	12	VALS-FD	1:38.87
80	Ramantsi, Masegoame	10	BULS-MA	1:41.25

81	Guddisa, Ezana R	10	BLNE-MA	1:41.41
82	Lubbe, Andrew	10	KALA-JT	1:42.69
83	Potgieter, Michal	9	BULS-MA	1:42.72
84	Cockeran, Reuben	8	KALA-JT	1:43.15
85	Cockeran, CJ J	11	KALA-JT	1:43.71
86	Guddisa, Eliam R	10	BLNE-MA	1:44.83
87	Cloete, Jomar H	13	STGR-XR	1:44.94
88	Erasmus, Marnu J	9	TRALI-MA	1:49.79

## #104 Women 19 &amp; Under 100 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Theron, Emma-Lee	14	BLSS-MA	1:09.01
2	Volschenk, Anja	14	BLSS-MA	1:09.28
3	Lensing, Marlo	14	UPSK-ZM	1:10.42
4	Pretorius, Mekayla	15	HWSK-FB	1:10.94
5	Serfontein, Annika E	17	VALS-FD	1:11.35
6	Pretorius, Simone'	14	BETH-FD	1:11.37
7	Blignaut, Rienke	15	BLSS-MA	1:11.52
8	Fourie, Eunice	16	BLSS-MA	1:11.62
9	Prins, Tiffany C	13	KTS-JT	1:11.62
10	Rossouw, Lechelle	13	BLNE-MA	1:11.79
11	Muller, Xanri	14	GHSK-FB	1:11.79
12	Laubscher, Shy X	15	WELA-LL	1:12.22
13	Avenant, Ankia	13	UPSK-ZM	1:12.63
14	Welgemoed, Isabelle	13	BLSS-MA	1:13.07
15	Fourie, Lois	16	BLSS-MA	1:13.30
16	Kirsten, Jesse	14	BLOT-MA	1:13.40
17	Strong, Kimberley S	15	KTS-JT	1:13.43
18	Jackson, Kelly	17	BLSS-MA	1:13.57
19	de Wet, Liane'	14	BULS-MA	1:13.83
20	Viljoen, Johane	16	BLNE-MA	1:14.03
21	Jacobs, Leané	16	STELL-RM	1:14.25
22	Prinsloo, Anieke	14	BETH-FD	1:14.41
23	Combrink, Claire B	13	STGR-XR	1:15.02
24	Engelbrecht, Nieke C	14	UPSK-ZM	1:15.06
25	De Villiers, Jannae	15	PRKA-PS	1:15.20
26	Coetzer, Robynn	13	RBOT-BP	1:15.81
27	Wessels, Janika	13	BLOT-MA	1:16.04
28	Barnard, Kara H	13	TRALI-MA	1:16.15
29	Davies, Ashleigh	15	WELA-LL	1:16.23
30	Du Randt, Elanri	14	BETH-FD	1:16.78
31	Koen, Mia	14	BULS-MA	1:17.46
32	Maree, Anri	13	BS-LL	1:17.65
33	Hunter, Willow	13	BULS-MA	1:17.66
34	De Villiers, Annemie H	14	PRKA-PS	1:17.76
35	Welgemoed, Kayla	15	VALS-FD	1:18.06
36	Welgemoed, Cala	15	VALS-FD	1:18.31
37	Labuschagne, Lianne	16	NWUC-KK	1:18.42
38	Le Roux, Lisa	10	BLOT-MA	1:18.78
39	Solomon, Anja	12	KALA-JT	1:18.88
40	du Toit, Luette	13	BULS-MA	1:18.94
41	Bloem, Umari	12	BLOT-MA	1:18.96
42	Van Niekerk, Dayna	13	BLNE-MA	1:19.26
43	Makatiers, Ontshiametse	12	RBOT-BP	1:19.27
44	Vorster, Arinda	12	BS-LL	1:19.40
45	Coetzee, Suné	13	STELL-RM	1:19.43
46	Julius, Destheonique N	11	KALA-JT	1:20.44
47	Scholtz, Rozel	14	STELL-RM	1:20.63
48	Zoutendyk, Simone	10	RBOT-BP	1:21.07
49	Boshoff, Mieke	13	UPSK-ZM	1:21.08
50	Ferreira, Lisa	12	BULS-MA	1:22.26
51	Myburgh, Emmah	14	UPSK-ZM	1:22.28
52	Gqoloma, Olwethu	12	RBOT-BP	1:22.50
53	Dippenaar, Melinda	14	BS-LL	1:22.95
54	Le Roux, Monique	13	KALA-JT	1:23.00
55	Roodt, Sunechka	12	MATL-KK	1:23.29
56	Pool, Johandri	13	BLSS-MA	1:23.44

57	Smith, Ilane'	12	BULS-MA	1:24.04
58	Van Zyl, Liane	11	UPSK-ZM	1:24.22
59	Thomson, Tamsyn	13	BULS-MA	1:24.41
60	van Heerden, Lia	11	BS-LL	1:24.70
61	Wilken, Marine	13	VALS-FD	1:25.70
62	James, Emihle	12	RBOT-BP	1:26.14
63	Hattingh, Xandri	12	KTS-JT	1:26.37
64	Tuta, Oyama T	11	PELIC-MA	1:27.08
65	Crossman, Chelsey M	10	BLSS-MA	1:27.30
66	Piechaczek, Z'Ney	9	BLOT-MA	1:27.45
67	Fernandes, Angelina M	12	WSS-LL	1:27.61
68	Janse van Rensburg, Grizel	10	NWUC-KK	1:27.75
69	McQueen, Leanne C	10	BLSS-MA	1:28.07
70	Du Toit, Emma	10	BULS-MA	1:28.44
71	Swartz, Ezra	12	BULS-MA	1:28.80
72	Tredoux, Jane A	10	BLNE-MA	1:29.21
73	Louw, Daniella	10	FAAC-FB	1:29.39
74	Olivier, Vida	10	BLNE-MA	1:29.48
75	Meyer, Wilhandi	11	BULS-MA	1:30.23
76	Jacobs, Chanlè	12	STGR-XR	1:30.53
77	Botha, Jane	11	VALS-FD	1:30.60
78	Schutte, Clarrisa	13	BULS-MA	1:30.61
79	Janse van Rensburg, Zandé	10	NWUC-KK	1:31.57
80	de Wet, Elmane'	11	BULS-MA	1:31.95
81	Nthwane, Bonolo B	12	MATL-KK	1:32.47
82	Opperman, Elmine	10	KTS-JT	1:33.07
83	Groenewald, Nina H	9	KTS-JT	1:34.06
84	Goosen, Jeanine C	10	BLNE-MA	1:34.54
85	Retief, Terina	12	BLNE-MA	1:35.40
86	Makatiers, Tlotlotsame	10	RBOT-BP	1:35.78
87	Roper, Elle-Anne	9	WSS-LL	1:35.80
88	Jordaan, Mieke	10	KTS-JT	1:36.16
89	Monareng, Rorisang	10	BLNE-MA	1:36.72
90	Ntidi, Rea	10	NWUC-KK	1:36.84
91	Dippenaar, Alexia	11	BS-LL	1:37.72
92	de Bruyn, Helene	11	BULS-MA	1:39.15
93	Pretorius, Larike	10	KALA-JT	1:39.37
94	Bredenkamp, Mariandi	10	BS-LL	1:40.22
95	Rabambi, Nduvho	10	BULS-MA	1:40.61
96	Carls, Georgia	9	KTS-JT	1:42.53
97	Adendorff, Anje	9	KALA-JT	1:43.16
98	Botha, Alexia	10	KALA-JT	1:47.30
99	Louw, Danelle M	9	BULS-MA	1:49.85
100	Visser, Mari-Hane	10	KALA-JT	1:52.23

## #105 Men 19 &amp; Under 50 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Steyn, Le Roux L	16	GHSK-FB	32.39
2	Morgan, Shaun	16	VALS-FD	32.91
3	Kuhn, Jacques J	18	KTS-JT	32.95
4	Van Niekerk, Daniel	15	GHSK-FB	33.07
5	Steyl, Douw L	17	UPSK-ZM	33.34
6	Pretorius, Milan	15	VALS-FD	33.90
7	Scholtz, Neldus C	16	STELL-RM	34.64
8	Niemand, Gideon J	15	UPSK-ZM	34.84
9	Van Rensburg, Brian J	16	BLNE-MA	35.81
10	Fredericks, Joshua I	15	GHSK-FB	35.90
11	Geyser, Heinrich	16	BLNE-MA	36.11
12	Pretorius, Xander A	15	TNDER-FD	36.70
13	Jonker, JJ J	18	TLAC-BP	37.01
14	April, Lorenzo M	16	TRALI-MA	37.80
15	Ludik, Stephan E	16	KTS-JT	37.89
16	Fourie, Reardon E	15	BULS-MA	37.96
17	Van Staden, Albert J	13	WELA-LL	38.00
18	Pretorius, Heinrich	15	KALA-JT	38.15
19	Greeve, Nicolas N	14	MATL-KK	38.26
20	Smuts, Darian S	17	GHSK-FB	38.42

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## Psych Sheet

## #105 ... (Men 19 &amp; Under 50 LC Meter Backstroke)

21	Moepeng, Botlokwa	15	MATL-KK	38.46
22	Tiedt, NJ J	13	GHSK-FB	39.42
23	Brink, Dregan	15	TNDER-FD	39.65
24	Reetsang, Reatile	14	ISSC-NM	39.74
25	DU Plessis, Dale	12	BLSS-MA	40.14
26	Bergh, Ian	13	BLOT-MA	40.33
27	Boshoff, Arno	15	UPSK-ZM	40.55
28	Scott, Logan W	10	BLSS-MA	40.96
29	Swart, Petrus J	9	BLNE-MA	41.18
30	Muller, Ihan	14	BLSS-MA	41.21
31	Perry, A.D D	10	BLNE-MA	41.52
32	Guddisa, Elrohi	14	BLNE-MA	41.53
33	Labuschagne, Arno J	13	NWUC-KK	41.78
34	Visser, Henrikus M	13	KALA-JT	41.90
35	Radford, Charles J	13	UPSK-ZM	42.16
36	Van der Bijl, Almero	13	BLNE-MA	42.18
37	Maree, Lohan L	9	BLNE-MA	42.68
38	Steyl, Kayden L	11	BLSS-MA	42.84
39	Bester, JC C	11	BULS-MA	43.06
40	Jacobs, Willem	10	NWUC-KK	43.23
41	Moalosi, Moalosi	11	PELIC-MA	43.35
42	Tredoux, Jandre E	12	BLNE-MA	43.76
43	Bredenkamp, Milne M	11	BS-LL	44.26
44	Du Toit, Adriaan	12	WELA-LL	45.10
45	Mostert, Christiaan	9	FAAC-FB	45.20
46	Rentzke, Jacques B	9	STAR-BP	45.49
47	Mario, Paulo M	13	KALA-JT	45.82
48	Kruger, Rikhardt	12	UPSK-ZM	46.70
49	Kotzé, Izak F	11	BS-LL	46.83
50	Coetzer, Jacques	11	BLOT-MA	46.85
51	Basson, Noland	11	BLSS-MA	46.90
52	du Preez, Hendre	13	BULS-MA	47.14
53	Nel, Dirk	10	WELA-LL	47.85
54	Bakkes, Liam	10	BULS-MA	48.23
55	Guddisa, Eliam R	10	BLNE-MA	48.40
56	Nagel, Gideon P	10	BLSS-MA	48.53
57	Savvas, Chris	13	WSS-LL	48.72
58	Van Niekerk, Alexander P	11	BLSS-MA	48.74
59	Botha, Lian	11	BS-LL	49.34
60	Esterhuysen, Gerco N	10	BLSS-MA	49.40
61	Jansen, Lee-Rone	12	KALA-JT	49.97
62	Claassen, Adriaan S	12	VALS-FD	50.46
63	Louw, André J	10	KALA-JT	50.57
64	Ramantsi, Masegoame	10	BULS-MA	50.80
65	Mathane, Declan C	10	GHSK-FB	50.97
66	van Zyl, Hanco	11	BS-LL	51.06
67	Potgieter, Michal	9	BULS-MA	51.77
68	Potgieter, Luan	12	BULS-MA	51.93
69	Bird, Peter R	10	PELIC-MA	53.78
70	Lubbe, Andrew	10	KALA-JT	53.82
71	Cockeran, CJ J	11	KALA-JT	53.97
72	Guddisa, Ezana R	10	BLNE-MA	54.92
73	Cockeran, Reuben	8	KALA-JT	56.31
74	Erasmus, Marnu J	9	TRALI-MA	58.47

## #106 Women 19 &amp; Under 50 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Theron, Emma-Lee	14	BLSS-MA	36.19
2	Serfontein, Annika E	17	VALS-FD	37.24
3	Prins, Tiffany C	13	KTS-JT	38.42
4	Vorster, Arinda	12	BS-LL	38.57
5	Jackson, Kelly	17	BLSS-MA	38.61
6	Kirsten, Jesse	14	BLOT-MA	38.94
7	Van Rooyen, Michaela	16	BLSS-MA	39.03
8	Bishop, Gaby	15	BETH-FD	39.20

9	Volschenk, Anja	14	BLSS-MA	39.44
10	Davies, Ashleigh	15	WELA-LL	39.44
11	Strong, Kimberley S	15	KTS-JT	39.45
12	de Wet, Liane'	14	BULS-MA	39.46
13	Du Randt, Elanri	14	BETH-FD	39.47
14	De Villiers, Annemie H	14	PRKA-PS	39.50
15	Muller, Xanri	14	GHSK-FB	39.51
16	Maree, Anri	13	BS-LL	39.73
17	Viljoen, Johane	16	BLNE-MA	39.78
18	Avenant, Ankia	13	UPSK-ZM	40.00
19	Fourie, Lois	16	BLSS-MA	40.01
20	Pretorius, Simone'	14	BETH-FD	40.60
21	Lensing, Marlo	14	UPSK-ZM	40.67
22	du Toit, Luette	13	BULS-MA	40.90
23	van Heerden, Lia	11	BS-LL	40.94
24	Blignaut, Rienke	15	BLSS-MA	41.01
25	Laubscher, Shy X	15	WELA-LL	41.03
26	Lennox, Jeanrie	13	RBOT-BP	41.41
27	Daniel, Abi	13	HWSK-FB	41.55
28	Welgemoed, Isabelle	13	BLSS-MA	41.66
29	Koen, Mia	14	BULS-MA	41.89
30	Van Niekerk, Dayna	13	BLNE-MA	41.96
31	Bloem, Umari	12	BLOT-MA	42.02
32	Coetzer, Robynn	13	RBOT-BP	42.05
33	Du Plessis, Jenna P	16	BLSS-MA	42.09
34	Fourie, Eunice	16	BLSS-MA	42.11
35	Jacobs, Chanlè	12	STGR-XR	42.23
36	Le Roux, Lisa	10	BLOT-MA	42.26
37	Rossouw, Lechelle	13	BLNE-MA	42.37
38	Engelbrecht, Nieke C	14	UPSK-ZM	42.41
39	Boshoff, Mieke	13	UPSK-ZM	42.59
40	Gqoloma, Olwethu	12	RBOT-BP	42.77
41	Myburgh, Emmah	14	UPSK-ZM	43.09
42	Makatiers, Ontshiametse	12	RBOT-BP	43.18
43	Welgemoed, Kayla	15	VALS-FD	43.33
44	Smith, Ilane'	12	BULS-MA	43.60
45	Combrink, Claire B	13	STGR-XR	43.88
46	Zoutendyk, Simone	10	RBOT-BP	44.07
47	Pool, Johandri	13	BLSS-MA	44.17
48	Roodt, Sunechka	12	MATL-KK	44.55
49	Barnard, Kara H	13	TRALI-MA	44.59
50	Coetzee, Suné	13	STELL-RM	44.71
51	Crossman, Chelsey M	10	BLSS-MA	45.04
52	Piechaczek, Z'Ney	9	BLOT-MA	45.13
53	Julius, Destheonique N	11	KALA-JT	45.51
54	Du Toit, Emma	10	BULS-MA	45.55
55	McQueen, Leanne C	10	BLSS-MA	45.58
56	Tuta, Oyama T	11	PELIC-MA	45.78
57	Le Roux, Monique	13	KALA-JT	45.79
58	Louw, Daniella	10	FAAC-FB	45.90
59	Swartz, Ezra	12	BULS-MA	46.06
60	de Bruyn, Helene	11	BULS-MA	46.29
61	Roper, Elle-Anne	9	WSS-LL	46.30
62	Van Zyl, Liane	11	UPSK-ZM	46.45
63	Wilken, Marine	13	VALS-FD	46.76
64	Jordaan, Mieke	10	KTS-JT	47.09
65	Dippenaar, Melinda	14	BS-LL	47.24
66	Tredoux, Jane A	10	BLNE-MA	47.32
67	Pienaar, Mia	14	BULS-MA	47.37
68	Ferreira, Lisa	12	BULS-MA	47.55
69	Janse van Rensburg, Grizel	10	NWUC-KK	47.71
70	Pretorius, Larike	10	KALA-JT	47.83
71	Fernandes, Angelina M	12	WSS-LL	47.95
72	de Wet, Elmane'	11	BULS-MA	48.43
73	James, Emihle	12	RBOT-BP	48.52
74	Nthwane, Bonolo B	12	MATL-KK	49.02
75	Opperman, Elmine	10	KTS-JT	49.08

76	Solomon, Anja	12	KALA-JT	49.11
77	Groenewald, Nina H	9	KTS-JT	49.46
78	Goosen, Jeanine C	10	BLNE-MA	49.63
79	Makatiers, Tlotlotsame	10	RBOT-BP	49.97
80	Schutte, Clarrisa	13	BULS-MA	50.03
81	Olivier, Vida	10	BLNE-MA	50.16
82	Monareng, Rorisang	10	BLNE-MA	50.17
83	Rabambi, Nduvho	10	BULS-MA	50.39
84	Bredenkamp, Mariandi	10	BS-LL	51.21
85	Thomson, Tamsyn	13	BULS-MA	51.81
86	Botha, Alexia	10	KALA-JT	52.21
87	Adendorff, Anje	9	KALA-JT	53.18
88	Dippenaar, Alexia	11	BS-LL	54.31
89	Louw, Danelle M	9	BULS-MA	54.34
90	Carls, Georgia	9	KTS-JT	54.34
91	Ntidi, Rea	10	NWUC-KK	56.33
92	Visser, Mari-Hane	10	KALA-JT	1:00.73

## #107 Men 19 &amp; Under 200 LC Meter IM

Name	Age	Team	Seed Time	
1	Pretorius, Milan	15	VALS-FD	2:41.30
2	Steyl, Douw L	17	UPSK-ZM	2:43.64
3	Van Niekerk, Daniel	15	GHSK-FB	2:43.66
4	Kuhn, Jacques J	18	KTS-JT	2:50.06
5	Ludik, Stephan E	16	KTS-JT	2:50.53
6	Fredericks, Joshua I	15	GHSK-FB	2:56.06
7	Geyser, Heinrich	16	BLNE-MA	2:57.06
8	Van Rensburg, Brian J	16	BLNE-MA	2:57.96
9	Van Staden, Albert J	13	WELA-LL	2:58.45
10	Mostert, Charl	16	RBOT-BP	2:58.90
11	Rousseau, Francois D	17	NWUC-KK	2:59.43
12	Niemand, Gideon J	15	UPSK-ZM	3:00.02
13	Greeve, Nicolas N	14	MATL-KK	3:00.50
14	Pretorius, Xander A	15	TNDER-FD	3:00.98
15	Tiedt, NJ J	13	GHSK-FB	3:03.25
16	Pretorius, Heinrich	15	KALA-JT	3:04.73
17	Brink, Dregan	15	TNDER-FD	3:07.32
18	Dzanibe, Siya	14	STAR-BP	3:08.35
19	Reetsang, Reatile	14	ISSC-NM	3:09.04
20	Muller, Ihan	14	BLSS-MA	3:09.73
21	Moepeng, Botlokwa	15	MATL-KK	3:10.69
22	du Preez, Hendre	13	BULS-MA	3:11.63
23	Swart, Petrus J	9	BLNE-MA	3:14.31
24	Radford, Charles J	13	UPSK-ZM	3:14.36
25	Van der Bijl, Almero	13	BLNE-MA	3:15.01
26	DU Plessis, Dale	12	BLSS-MA	3:16.49
27	Perry, A.D D	10	BLNE-MA	3:18.50
28	Guddisa, Elrohi	14	BLNE-MA	3:22.45
29	Scott, Logan W	10	BLSS-MA	3:23.15
30	Maree, Lohan L	9	BLNE-MA	3:23.67
31	Nagel, Gideon P	10	BLSS-MA	3:24.68
32	Boshoff, Arno	15	UPSK-ZM	3:26.52
33	Savvas, Chris	13	WSS-LL	3:26.86
34	Smit, Ruhann	13	HWSK-FB	3:27.03
35	Cronje, Jovan	12	KTS-JT	3:27.69
36	Visser, Henrikus M	13	KALA-JT	3:28.71
37	Esterhuysen, Gerco N	10	BLSS-MA	3:30.23
38	Bester, JC C	11	BULS-MA	3:30.89
39	Steyl, Kayden L	11	BLSS-MA	3:32.28
40	Bredenkamp, Milne M	11	BS-LL	3:32.38
41	Jacobs, Willem	10	NWUC-KK	3:33.83
42	Mbamali, Rea K	14	PELIC-MA	3:34.18
43	Labuschagne, Arno J	13	NWUC-KK	3:34.93
44	Nel, Dirk	10	WELA-LL	3:35.08
45	Tredoux, Jandre E	12	BLNE-MA	3:39.10
46	Kotzé, Izak F	11	BS-LL	3:41.19
47	Bergh, Ruan	10	BLOT-MA	3:41.53

## SA Level 2 Regional Age Group Champs 2024-NC - 26/03/2024 to 28/03/2024

## Psych Sheet

## #107 ... (Men 19 &amp; Under 200 LC Meter IM)

48	Van Niekerk, Alexander P	11	BLSS-MA	3:44.56
49	de Vries, Jan-Hendrik	10	BLOT-MA	3:47.87
50	Rentzke, Jacques B	9	STAR-BP	3:54.86
51	Jansen, Lee-Rone	12	KALA-JT	3:58.08
52	Claassen, Adriaan S	12	VALS-FD	3:58.29
53	Mario, Paulo M	13	KALA-JT	3:59.88
54	Maartens, Gustav	11	VALS-FD	4:02.97
55	Moalosi, Moalosi	11	PELIC-MA	4:04.13
56	Kruger, Rikhardt	12	UPSK-ZM	4:04.37
57	Bird, Peter R	10	PELIC-MA	4:06.60
58	van Zyl, Hanco	11	BS-LL	4:08.14
59	Guddisa, Ezana R	10	BLNE-MA	4:10.75
60	Potgieter, Michal	9	BULS-MA	4:11.08
61	Cloete, Jomar H	13	STGR-XR	4:15.92
62	Guddisa, Eliam R	10	BLNE-MA	4:20.45
63	Potgieter, Luan	12	BULS-MA	4:23.67

## #108 Women 19 &amp; Under 200 LC Meter IM

Name	Age	Team	Seed Time	
1	Fourie, Lois	16	BLSS-MA	2:56.74
2	Fourie, Eunice	16	BLSS-MA	2:58.49
3	Muller, Xanri	14	GHSK-FB	2:59.04
4	Lensing, Marlo	14	UPSK-ZM	3:01.55
5	Theron, Emma-Lee	14	BLSS-MA	3:03.36
6	Volschenk, Anja	14	BLSS-MA	3:06.15
7	Jackson, Kelly	17	BLSS-MA	3:07.25
8	Prins, Tiffany C	13	KTS-JT	3:08.11
9	Du Plessis, Jenna P	16	BLSS-MA	3:10.08
10	Laubscher, Shy X	15	WELA-LL	3:10.41
11	de Wet, Liane'	14	BULS-MA	3:10.59
12	Viljoen, Johane	16	BLNE-MA	3:11.73
13	Rossouw, Lechelle	13	BLNE-MA	3:11.97
14	Blignaut, Rienke	15	BLSS-MA	3:12.51
15	De Villiers, Jannae	15	PRKA-PS	3:13.67
16	Maree, Anri	13	BS-LL	3:13.78
17	Wessels, Janika	13	BLOT-MA	3:14.04
18	Van Niekerk, Dayna	13	BLNE-MA	3:14.31
19	Boshoff, Mieke	13	UPSK-ZM	3:14.98
20	Labuschagne, Lianne	16	NWUC-KK	3:15.41
21	Coetzer, Robynn	13	RBOT-BP	3:18.06
22	Pool, Johandri	13	BLSS-MA	3:19.15
23	Avenant, Ankia	13	UPSK-ZM	3:19.29
24	Du Randt, Elanri	14	BETH-FD	3:20.29
25	Strong, Kimberley S	15	KTS-JT	3:21.80
26	Zoutendyk, Simone	10	RBOT-BP	3:22.25
27	Van Rooyen, Michaela	16	BLSS-MA	3:22.26
28	Le Roux, Lisa	10	BLOT-MA	3:25.87
29	Dippenaar, Melinda	14	BS-LL	3:26.50
30	Vorster, Arinda	12	BS-LL	3:26.82
31	Myburgh, Emmah	14	UPSK-ZM	3:26.96
32	Hunter, Willow	13	BULS-MA	3:28.08
33	Welgemoed, Isabelle	13	BLSS-MA	3:28.10
34	van Heerden, Lia	11	BS-LL	3:29.68
35	Coetzee, Suné	13	STELL-RM	3:29.84
36	Julius, Destheonique N	11	KALA-JT	3:30.08
37	Engelbrecht, Nieke C	14	UPSK-ZM	3:30.57
38	Lennox, Jeanrie	13	RBOT-BP	3:30.82
39	Roodt, Sunechka	12	MATL-KK	3:32.56
40	Le Roux, Monique	13	KALA-JT	3:33.76
41	McQueen, Leanne C	10	BLSS-MA	3:34.03
42	Fernandes, Angelina M	12	WSS-LL	3:35.51
43	Scholtz, Rozel	14	STELL-RM	3:36.23
44	de Wet, Elmane'	11	BULS-MA	3:40.34
45	Piechaczek, Z'Ney	9	BLOT-MA	3:40.44
46	Tredoux, Jane A	10	BLNE-MA	3:40.92

47	Botha, Jane	11	VALS-FD	3:41.21
48	Tuta, Oyama T	11	PELIC-MA	3:41.60
49	Janse van Rensburg, Zand	10	NWUC-KK	3:42.42
50	du Toit, Luette	13	BULS-MA	3:42.92
51	Van Zyl, Liane	11	UPSK-ZM	3:43.61
52	Crossman, Chelsey M	10	BLSS-MA	3:43.99
53	Ferreira, Lisa	12	BULS-MA	3:44.59
54	Smith, Ilane'	12	BULS-MA	3:45.70
55	Roper, Elle-Anne	9	WSS-LL	3:45.86
56	Hattingh, Xandri	12	KTS-JT	3:46.47
57	Barnard, Kara H	13	TRALI-MA	3:49.14
58	Olivier, Vida	10	BLNE-MA	3:50.77
59	Solomon, Anja	12	KALA-JT	3:50.78
60	Nthwane, Bonolo B	12	MATL-KK	3:51.06
61	Janse van Rensburg, Griz	10	NWUC-KK	3:52.15
62	Groenewald, Nina H	9	KTS-JT	3:54.31
63	de Bruyn, Helene	11	BULS-MA	3:59.05
64	Retief, Terina	12	BLNE-MA	4:00.86
65	Monareng, Rorisang	10	BLNE-MA	4:01.34
66	Dippenaar, Alexia	11	BS-LL	4:01.76
67	Goosen, Jeanine C	10	BLNE-MA	4:02.65
68	Jordaan, Mieke	10	KTS-JT	4:07.69
69	Rabambi, Nduvho	10	BULS-MA	4:15.26
70	Bredenkamp, Mariandi	10	BS-LL	4:22.19

## #109 Men 12 &amp; Under 4x50 LC Meter Medley Relay 4 x 50 I

Team	Relay	Seed Time	
1	BLNE-MA	A	2:42.83
	Swart, Petrus J 9	Tredoux, Jandre E 12	
	Perry, A.D D 10	Maree, Lohan L 9	
2	BS-LL	A	2:48.42
	Bredenkamp, Milne M 11	Botha, Lian 11	
	Kotzé, Izak F 11	van Zyl, Hanco 11	
3	BULS-MA	A	3:09.92
	Potgieter, Michal 9	Potgieter, Luan 12	
	Ramantsi, Masegoame 10	Bester, JC C 11	
4	KALA-JT	A	3:27.45
	Louw, André J 10	Cockeran, CJ J 11	
	Jansen, Lee-Rone 12	Lubbe, Andrew 10	
5	BLSS-MA	A	3:57.56
	Basson, Noland 11	Scott, Logan W 10	
	Esterhuysen, Gerco N 10	Nagel, Gideon P 10	

## #110 Men 13-14 4x50 LC Meter Medley Relay 4 x 50 Med R

Team	Relay	Seed Time	
1	BLSS-MA	A	2:58.23
	Steyl, Kayden L 11	Muller, Ihan 14	
	Du Plessis, Dale 12	Van Niekerk, Alexander P 1	

## #111 Men 15-19 4x50 LC Meter Medley Relay 4 x 50 Med R

Team	Relay	Seed Time	
1	UPSK-ZM	A	2:13.97
	Niemand, Gideon J 15	Boshoff, Arno 15	
	Steyl, Douw L 17	Radford, Charles J 13	
2	GHSK-FB	A	NT
	Steyn, Le Roux L 16	Tiedt, NJJ 13	
	Van Niekerk, Daniel 15	Fredericks, Joshua I 15	

## #112 Women 12 &amp; Under 4x50 LC Meter Medley Relay 4 x

Team	Relay	Seed Time	
1	RBOT-BP	A	2:45.24
	Gqoloma, Olwethu 12	Makatiers, Ontshiametse O	
	James, Emihle 12	Zoutendyk, Simone 10	
2	BULS-MA	A	2:48.32
	Smith, Ilane' 12	Swartz, Ezra 12	
	Ferreira, Lisa 12	Du Toit, Emma 10	
3	KALA-JT	A	2:59.94
	Pretorius, Larike 10	Adendorff, Anje 9	
	Julius, Destheonique N 11	Solomon, Anja 12	

4	BULS-MA	B	3:01.23
	Du Toit, Emma 10	Potgieter, Luan 12	
	Bakkes, Liam 10	Swartz, Ezra 12	
5	BLNE-MA	A	3:10.72
	Goosen, Jeanine C 10	Tredoux, Jane A 10	
	Monareng, Rorisang 10	Olivier, Vida 10	

## #113 Women 13-14 4x50 LC Meter Medley Relay 4 x 50 Me

Team	Relay	Seed Time	
1	BLOT-MA	A	2:22.36
	Le Roux, Lisa 10	Bloem, Umari 12	
	Kirsten, Jesse 14	Wessels, Janika 13	
2	UPSK-ZM	A	2:34.88
	Avenant, Ankia 13	Myburgh, Emmah 14	
	Engelbrecht, Nieke C 14	Lensing, Marlo 14	
3	BULS-MA	A	2:36.36
	du Toit, Luette 13	de Wet, Liane' 14	
	Thomson, Tamsyn 13	Hunter, Willow 13	
4	BLSS-MA	A	3:01.12
	Welgemoed, Isabelle 13	Pool, Johandri 13	
	Volschenk, Anja 14	Theron, Emma-Lee 14	

## #114 Women 15-19 4x50 LC Meter Medley Relay 4 x 50 Me

Team	Relay	Seed Time	
1	BLSS-MA	A	2:32.15
	Jackson, Kelly 17	Du Plessis, Jenna P 16	
	Fourie, Lois 16	Fourie, Eunice 16	
2	UPSK-ZM	A	2:35.90
3	WELA-LL	A	2:41.08
	Vorster, Mia 11	Cullen, Abi 15	
	Laubscher, Shy X 15	Davies, Ashleigh 15	

## #115 Mixed 12 &amp; Under 4x50 LC Meter Freestyle Relay 4 x

Team	Relay	Seed Time	
1	BLSS-MA	A	2:12.90
	McQueen, Leanne C W10	Scott, Logan W M10	
	Crossman, Chelsey M W10	Steyl, Kayden L M11	
2	BS-LL	A	2:17.54
	van Zyl, Hanco M11	Barnard, Franzelle W12	
	Bredenkamp, Milne M M11	Vorster, Arinda W12	
3	BLOT-MA	A	2:23.65
	Le Roux, Lisa W10	Bloem, Umari W12	
	Bergh, Ruan M10		
4	BLNE-MA	A	2:25.86
	Tredoux, Jane A W10	Monareng, Rorisang W10	
	Perry, A.D D M10	Maree, Lohan L M9	
5	BULS-MA	A	2:28.87
	Ferreira, Lisa W12	Bester, JC C M11	
	Ramantsi, Masegoame M10	Smith, Ilane' W12	
6	KALA-JT	A	2:28.91
	Jansen, Lee-Rone M12	Louw, André J M10	
	Julius, Destheonique N W1	Solomon, Anja W12	
7	BLNE-MA	B	2:34.62
	Swart, Petrus J M9	Goosen, Jeanine C W10	
	Olivier, Vida W10	Tredoux, Jandre E M12	
8	BULS-MA	B	2:35.85
	Du Toit, Emma W10	Potgieter, Luan M12	
	Bakkes, Liam M10	Swartz, Ezra W12	
9	BS-LL	B	2:45.88
	Dippenaar, Alexia W11	Kotzé, Izak F M11	
	Bredenkamp, Mariandi W1	Botha, Lian M11	
10	KALA-JT	B	2:55.32
	Pretorius, Larike W10	Lubbe, Andrew M10	
	Cockeran, Reuben M8	Adendorff, Anje W9	

## #116 Mixed 13-14 4x50 LC Meter Freestyle Relay 4 x 50 Fr

Team	Relay	Seed Time	
1	BLSS-MA	A	1:40.90
	Theron, Emma-Lee W14	Esterhuysen, Gerco N M10	
	Volschenk, Anja W14	Nagel, Gideon P M10	

## SA Level 2 Regional Age Group Champs 2024-NC - 26/03/2024 to 28/03/2024

## Psych Sheet

#116 ... (Mixed 13-14 4x50 LC Meter Freestyle Relay 4 x 50)			
Rank	Team	Relay	Seed Time
2	UPSK-ZM	A	2:10.40
	Radford, Charles J M13	Lensing, Marlo W14	
	Boshoff, Mieke W13	Kruger, Rikhardt M12	
3	BLNE-MA	A	2:12.32
	Guddisa, Elrohi M14	Van Niekerk, Dayna W13	
	Rossouw, Lechelle W13	Van der Bijl, Almero M13	
4	VALS-FD	A	2:34.81
	Wilken, Marine W13	Botha, Jane W11	
	Maartens, Gustav M11	Claassen, Adriaan S M12	
5	KALA-JT	A	2:39.04
	Le Roux, Monique W13	Botha, Alexia W10	
	Mario, Paulo M M13	Visser, Henrikus M M13	

#117 Mixed 15-19 4x50 LC Meter Freestyle Relay 4 x 50 Fr			
Rank	Team	Relay	Seed Time
1	BLSS-MA	A	1:35.24
	Muller, Ihan M14	DU Plessis, Dale M12	
	Blignaut, Rienke W15	Fourie, Eunice W16	
2	UPSK-ZM	A	2:03.75
	Niemand, Gideon J M15	Steyl, Douw L M17	
	Engelbrecht, Nieke C W14	Avenant, Ankia W13	
3	RBOT-BP	A	2:04.66
	James, Abongile M M15	Coetzer, Robynn W13	
	Lennox, Jeanrie W13	Mojapelo, Lethabo T M16	
4	WELA-LL	A	2:16.38
	Davies, Ashleigh W15	Du Toit, Adriaan M12	
	Van Staden, Albert J M13	Laubscher, Shy X W15	
5	VALS-FD	A	2:49.34
	Pretorius, Milan M15	Welgemoed, Kayla W15	
	Morgan, Shaun M16		

## #201 Men 19 &amp; Under 200 LC Meter Freestyle

Rank	Name	Age	Team	Seed Time
1	Kuhn, Jacques J	18	KTS-JT	2:15.65
2	Ludik, Stephan E	16	KTS-JT	2:20.53
3	Van Niekerk, Daniel	15	GHSK-FB	2:20.78
4	Steyl, Douw L	17	UPSK-ZM	2:21.82
5	James, Abongile M	15	RBOT-BP	2:22.29
6	Steyn, Le Roux L	16	GHSK-FB	2:29.29
7	Mojapelo, Lethabo T	16	RBOT-BP	2:29.87
8	Mostert, Charl	16	RBOT-BP	2:30.67
9	Pretorius, Milan	15	VALS-FD	2:32.13
10	Jacobs, Ruan	15	VALS-FD	2:32.39
11	Greeve, Nicolas N	14	MATL-KK	2:34.22
12	Rousseau, Francois D	17	NWUC-KK	2:36.67
13	Van der Bijl, Almero	13	BLNE-MA	2:37.10
14	Geyser, Heinrich	16	BLNE-MA	2:37.38
15	Fredericks, Joshua I	15	GHSK-FB	2:37.52
16	Niemand, Gideon J	15	UPSK-ZM	2:37.60
17	Van Rensburg, Brian J	16	BLNE-MA	2:39.52
18	Pretorius, Xander A	15	TNDER-FD	2:40.64
19	Pretorius, Heinrich	15	KALA-JT	2:40.69
20	Radford, Charles J	13	UPSK-ZM	2:42.85
21	Tiedt, NJ J	13	GHSK-FB	2:42.87
22	Bergh, Ian	13	BLOT-MA	2:43.82
23	Guddisa, Elrohi	14	BLNE-MA	2:44.00
24	Brink, Dregan	15	TNDER-FD	2:45.44
25	Van Staden, Albert J	13	WELA-LL	2:45.77
26	Visser, Henrikus M	13	KALA-JT	2:46.43
27	Perry, A.D D	10	BLNE-MA	2:48.61
28	Dzanibe, Siya	14	STAR-BP	2:49.70
29	Fourie, Reardon E	15	BULS-MA	2:50.24
30	Cronje, Jovan	12	KTS-JT	2:50.70
31	Muller, Ihan	14	BLSS-MA	2:51.10
32	Moepeng, Botlokwa	15	MATL-KK	2:53.05
33	Coetzer, Jacques	11	BLOT-MA	2:56.24

34	Smit, Ruhann	13	HWSK-FB	2:58.63
35	April, Lorenzo M	16	TRALI-MA	2:59.44
36	Labuschagne, Arno J	13	NWUC-KK	3:00.24
37	Nel, Dirk	10	WELA-LL	3:00.45
38	Du Toit, Adriaan	12	WELA-LL	3:01.02
39	DU Plessis, Dale	12	BLSS-MA	3:01.28
40	Maree, Lohan L	9	BLNE-MA	3:04.12
41	Swart, Petrus J	9	BLNE-MA	3:06.31
42	Savvas, Chris	13	WSS-LL	3:06.38
43	Botha, Lian	11	BS-LL	3:06.82
44	Nagel, Gideon P	10	BLSS-MA	3:07.31
45	Scott, Logan W	10	BLSS-MA	3:08.11
46	du Preez, Hendre	13	BULS-MA	3:08.38
47	Pitse, Lesego T	14	MATL-KK	3:08.52
48	Kruger, Rikhardt	12	UPSK-ZM	3:10.51
49	Boshoff, Arno	15	UPSK-ZM	3:12.42
50	Bergh, Ruan	10	BLOT-MA	3:13.12
51	Bredenkamp, Milne M	11	BS-LL	3:14.54
52	Esterhuysen, Gerco N	10	BLSS-MA	3:14.96
53	Kotzé, Izak F	11	BS-LL	3:15.56
54	van Zyl, Hanco	11	BS-LL	3:16.14
55	Van Niekerk, Alexander P	11	BLSS-MA	3:17.52
56	Louw, André J	10	KALA-JT	3:19.33
57	Vermaak, Dirk	12	WELA-LL	3:20.42
58	Mathane, Declan C	10	GHSK-FB	3:22.65
59	Jansen, Lee-Rone	12	KALA-JT	3:22.80
60	de Vries, Jan-Hendrik	10	BLOT-MA	3:24.11
61	Mbamali, Rea K	14	PELIC-MA	3:24.84
62	Maartens, Gustav	11	VALS-FD	3:26.99
63	Tredoux, Jandre E	12	BLNE-MA	3:29.17
64	Bakkes, Liam	10	BULS-MA	3:29.60
65	Potgieter, Michal	9	BULS-MA	3:32.09
66	Steyl, Kayden L	11	BLSS-MA	3:32.23
67	Bird, Peter R	10	PELIC-MA	3:32.29
68	Mario, Paulo M	13	KALA-JT	3:33.74
69	Potgieter, Luan	12	BULS-MA	3:37.06
70	Moalosi, Moalosi	11	PELIC-MA	3:39.17
71	Mostert, Christiaan	9	FAAC-FB	3:39.49
72	Cockeran, Reuben	8	KALA-JT	3:44.28
73	Cloete, Jomar H	13	STGR-XR	3:44.56
74	Lubbe, Andrew	10	KALA-JT	3:46.65
75	Cockeran, CJ J	11	KALA-JT	3:48.32
76	Guddisa, Eliam R	10	BLNE-MA	3:48.69
77	Guddisa, Ezana R	10	BLNE-MA	3:56.16
78	Claassen, Adriaan S	12	VALS-FD	3:57.37
79	Erasmus, Marnu J	9	TRALI-MA	NT

## #202 Women 19 &amp; Under 200 LC Meter Freestyle

Rank	Name	Age	Team	Seed Time
1	Muller, Xanri	14	GHSK-FB	2:34.21
2	Theron, Emma-Lee	14	BLSS-MA	2:34.78
3	Volschenk, Anja	14	BLSS-MA	2:35.58
4	Lensing, Marlo	14	UPSK-ZM	2:36.32
5	Avenant, Ankia	13	UPSK-ZM	2:38.94
6	Blignaut, Rienke	15	BLSS-MA	2:39.09
7	Prins, Tiffany C	13	KTS-JT	2:39.32
8	Rossouw, Lechelle	13	BLNE-MA	2:39.61
9	Fourie, Lois	16	BLSS-MA	2:39.61
10	Pretorius, Mekayla	15	HWSK-FB	2:40.10
11	Laubscher, Shy X	15	WELA-LL	2:41.05
12	Jackson, Kelly	17	BLSS-MA	2:41.18
13	Fourie, Eunice	16	BLSS-MA	2:41.30
14	Pretorius, Simone'	14	BETH-FD	2:42.75
15	Welgemoed, Isabelle	13	BLSS-MA	2:42.76
16	Van Rooyen, Michaela	16	BLSS-MA	2:45.66
17	Kirsten, Jesse	14	BLOT-MA	2:46.55
18	Coetzer, Robynn	13	RBOT-BP	2:47.46

19	Du Randt, Elanri	14	BETH-FD	2:49.14
20	Wessels, Janika	13	BLOT-MA	2:49.61
21	Strong, Kimberley S	15	KTS-JT	2:50.20
22	de Wet, Liane'	14	BULS-MA	2:50.64
23	Viljoen, Johane	16	BLNE-MA	2:52.30
24	Van Niekerk, Dayna	13	BLNE-MA	2:52.54
25	Solomon, Anja	12	KALA-JT	2:53.18
26	Maree, Anri	13	BS-LL	2:53.69
27	Jacobs, Leané	16	STELL-RM	2:53.74
28	Serfontein, Annika E	17	VALS-FD	2:54.87
29	Le Roux, Lisa	10	BLOT-MA	2:54.90
30	Davies, Ashleigh	15	WELA-LL	2:55.00
31	Zoutendyk, Simone	10	RBOT-BP	2:55.54
32	Hunter, Willow	13	BULS-MA	2:56.17
33	Barnard, Kara H	13	TRALI-MA	2:56.36
34	Gqoloma, Olwethu	12	RBOT-BP	2:56.99
35	Julius, Destheonique N	11	KALA-JT	2:57.37
36	Roodt, Sunechka	12	MATL-KK	2:58.16
37	du Toit, Lurette	13	BULS-MA	2:59.10
38	Hattingh, Xandri	12	KTS-JT	2:59.60
39	Coetzee, Suné	13	STELL-RM	2:59.66
40	Van Zyl, Liane	11	UPSK-ZM	3:00.08
41	Boshoff, Mieke	13	UPSK-ZM	3:00.80
42	Engelbrecht, Nieke C	14	UPSK-ZM	3:01.09
43	Ferreira, Lisa	12	BULS-MA	3:02.09
44	Scholtz, Rozel	14	STELL-RM	3:02.17
45	Makatiers, Ontshiametse	12	RBOT-BP	3:02.64
46	Pool, Johandri	13	BLSS-MA	3:02.72
47	Le Roux, Monique	13	KALA-JT	3:05.29
48	Du Toit, Emma	10	BULS-MA	3:06.17
49	Myburgh, Emmah	14	UPSK-ZM	3:06.22
50	James, Emihle	12	RBOT-BP	3:07.64
51	Fernandes, Angelina M	12	WSS-LL	3:08.43
52	Labuschagne, Lianne	16	NWUC-KK	3:08.87
53	McQueen, Leanne C	10	BLSS-MA	3:09.27
54	Barnard, Franzelle	12	BS-LL	3:09.68
55	Dippenaar, Melinda	14	BS-LL	3:09.75
56	Tuta, Oyama T	11	PELIC-MA	3:09.98
57	Vorster, Arinda	12	BS-LL	3:10.69
58	Wilken, Marine	13	VALS-FD	3:12.57
59	Pienaar, Mia	14	BULS-MA	3:14.46
60	de Wet, Elmane'	11	BULS-MA	3:17.78
61	Meyer, Wilhandi	11	BULS-MA	3:18.14
62	Opperman, Elmine	10	KTS-JT	3:22.78
63	Janse van Rensburg, Grizel	10	NWUC-KK	3:22.81
64	Louw, Daniella	10	FAAC-FB	3:23.22
65	Schutte, Clarrisa	13	BULS-MA	3:25.28
66	Tredoux, Jane A	10	BLNE-MA	3:27.44
67	Groenewald, Nina H	9	KTS-JT	3:27.62
68	Goosen, Jeanine C	10	BLNE-MA	3:28.25
69	Botha, Jane	11	VALS-FD	3:29.06
70	Nthwane, Bonolo B	12	MATL-KK	3:29.11
71	Janse van Rensburg, Zand	10	NWUC-KK	3:29.97
72	Jordaan, Mieke	10	KTS-JT	3:30.29
73	Pretorius, Larike	10	KALA-JT	3:33.67
74	Retief, Terina	12	BLNE-MA	3:34.84
75	Crossman, Chelsey M	10	BLSS-MA	3:35.10
76	Bredenkamp, Mariandi	10	BS-LL	3:37.05
77	Carls, Georgia	9	KTS-JT	3:38.75
78	de Bruyn, Helene	11	BULS-MA	3:38.86
79	Rabambi, Nduvho	10	BULS-MA	3:39.21
80	Visser, Mari-Hane	10	KALA-JT	3:41.97
81	Adendorff, Anje	9	KALA-JT	3:42.40
82	Monareng, Rorisang	10	BLNE-MA	3:43.87
83	Botha, Alexia	10	KALA-JT	3:45.18
84	Makatiers, Tlotlotsame	10	RBOT-BP	3:46.75
85	Dippenaar, Alexia	11	BS-LL	3:50.36

## SA Level 2 Regional Age Group Champs 2024-NC - 26/03/2024 to 28/03/2024

## Psych Sheet

## #202 ... (Women 19 &amp; Under 200 LC Meter Freestyle)

86 Roper, Elle-Anne 9 WSS-LL 3:56.47

## #203 Men 19 &amp; Under 100 LC Meter Backstroke

Name	Age	Team	Seed Time
1 Kuhn, Jacques J	18	KTS-JT	1:10.91
2 Van Niekerk, Daniel	15	GHSK-FB	1:11.54
3 Steyn, Le Roux L	16	GHSK-FB	1:15.37
4 Pretorius, Milan	15	VALS-FD	1:15.93
5 Steyl, Douw L	17	UPSK-ZM	1:16.54
6 Daniel, Maltwood	17	HWSK-FB	1:17.73
7 Pretorius, Xander A	15	TNDER-FD	1:20.53
8 Niemand, Gideon J	15	UPSK-ZM	1:21.29
9 Fredericks, Joshua I	15	GHSK-FB	1:21.65
10 Geysler, Heinrich	16	BLNE-MA	1:22.70
11 Van Rensburg, Brian J	16	BLNE-MA	1:24.41
12 Pretorius, Heinrich	15	KALA-JT	1:25.07
13 Greeve, Nicolas N	14	MATL-KK	1:25.74
14 Van Staden, Albert J	13	WELA-LL	1:25.96
15 Moepeng, Botlokwa	15	MATL-KK	1:26.39
16 Bergh, Ian	13	BLOT-MA	1:27.12
17 Muller, Ihan	14	BLSS-MA	1:27.52
18 Brink, Dregan	15	TNDER-FD	1:27.80
19 Tiedt, NJ J	13	GHSK-FB	1:28.41
20 Cronje, Jovan	12	KTS-JT	1:29.79
21 Perry, A.D D	10	BLNE-MA	1:29.90
22 April, Lorenzo M	16	TRALI-MA	1:30.26
23 Labuschagne, Arno J	13	NWUC-KK	1:30.53
24 Reetsang, Reatile	14	ISSC-NM	1:31.46
25 Swart, Petrus J	9	BLNE-MA	1:31.93
26 Van der Bijl, Almero	13	BLNE-MA	1:31.99
27 Visser, Henrikus M	13	KALA-JT	1:32.62
28 Scott, Logan W	10	BLSS-MA	1:33.25
29 Guddisa, Elrohi	14	BLNE-MA	1:34.31
30 Maree, Lohan L	9	BLNE-MA	1:34.47
31 DU Plessis, Dale	12	BLSS-MA	1:34.69
32 Steyl, Kayden L	11	BLSS-MA	1:34.90
33 Jacobs, Willem	10	NWUC-KK	1:35.47
34 Radford, Charles J	13	UPSK-ZM	1:35.76
35 Boshoff, Arno	15	UPSK-ZM	1:35.84
36 Dzanibe, Siya	14	STAR-BP	1:37.29
37 Tredoux, Jandre E	12	BLNE-MA	1:43.03
38 Bredenkamp, Milne M	11	BS-LL	1:44.10
39 Moalosi, Moalosi	11	PELIC-MA	1:45.74
40 Savvas, Chris	13	WSS-LL	1:46.32
41 Nagel, Gideon P	10	BLSS-MA	1:46.78
42 Van Niekerk, Alexander P	11	BLSS-MA	1:46.96
43 Esterhuysen, Gerco N	10	BLSS-MA	1:46.98
44 Kruger, Rikhardt	12	UPSK-ZM	1:47.10
45 van Zyl, Hanco	11	BS-LL	1:47.18
46 Kotzé, Izak F	11	BS-LL	1:47.40
47 Nel, Dirk	10	WELA-LL	1:47.98
48 de Vries, Jan-Hendrik	10	BLOT-MA	1:49.81
49 Louw, André J	10	KALA-JT	1:52.61
50 Bird, Peter R	10	PELIC-MA	1:54.54
51 Potgieter, Michal	9	BULS-MA	1:55.29
52 Bakkes, Liam	10	BULS-MA	1:57.79
53 Ramantsi, Masegoame	10	BULS-MA	1:59.29
54 Lubbe, Andrew	10	KALA-JT	2:00.06
55 Guddisa, Ezana R	10	BLNE-MA	2:00.92
56 Potgieter, Luan	12	BULS-MA	2:03.72
57 Guddisa, Eliam R	10	BLNE-MA	2:05.40
58 Cockeran, Reuben	8	KALA-JT	2:14.17
59 Erasmus, Marnu J	9	TRALI-MA	NT

## #204 Women 19 &amp; Under 100 LC Meter Backstroke

Name	Age	Team	Seed Time
1 Prins, Tiffany C	13	KTS-JT	1:23.17
2 Bishop, Gaby	15	BETH-FD	1:23.84
3 Theron, Emma-Lee	14	BLSS-MA	1:24.39
4 Fourie, Lois	16	BLSS-MA	1:24.90
5 Kirsten, Jesse	14	BLOT-MA	1:25.21
6 Jackson, Kelly	17	BLSS-MA	1:25.40
7 Muller, Xanri	14	GHSK-FB	1:25.57
8 Fourie, Eunice	16	BLSS-MA	1:26.02
9 Maree, Anri	13	BS-LL	1:26.43
10 Avenant, Ankia	13	UPSK-ZM	1:26.81
11 Strong, Kimberley S	15	KTS-JT	1:27.67
12 Barnard, Franzelle	12	BS-LL	1:27.68
13 Gqoloma, Olwethu	12	RBOT-BP	1:27.85
14 De Villiers, Annemie H	14	PRKA-PS	1:27.96
15 Viljoen, Johane	16	BLNE-MA	1:28.18
16 Volschenk, Anja	14	BLSS-MA	1:28.39
17 Welgemoed, Kayla	15	VALS-FD	1:28.47
18 Lensing, Marlo	14	UPSK-ZM	1:28.48
19 Boshoff, Mieke	13	UPSK-ZM	1:29.42
20 de Wet, Liane'	14	BULS-MA	1:29.68
21 Bignaut, Rienke	15	BLSS-MA	1:30.96
22 Van Niekerk, Dayna	13	BLNE-MA	1:31.49
23 Roodt, Sunehka	12	MATL-KK	1:31.99
24 Lennox, Jeanrie	13	RBOT-BP	1:32.27
25 Makatiers, Ontshiametse	12	RBOT-BP	1:32.68
26 du Toit, Luette	13	BULS-MA	1:32.84
27 Myburgh, Emmah	14	UPSK-ZM	1:32.96
28 Du Randt, Elanri	14	BETH-FD	1:33.33
29 Le Roux, Lisa	10	BLOT-MA	1:33.39
30 Coetzer, Robynn	13	RBOT-BP	1:33.47
31 Welgemoed, Isabelle	13	BLSS-MA	1:33.55
32 Zoutendyk, Simone	10	RBOT-BP	1:33.96
33 Rossouw, Lechelle	13	BLNE-MA	1:34.25
34 van Heerden, Lia	11	BS-LL	1:34.86
35 Jacobs, Chanlè	12	STGR-XR	1:36.02
36 Dippenaar, Melinda	14	BS-LL	1:36.13
37 Koen, Mia	14	BULS-MA	1:36.34
38 Van Zyl, Liane	11	UPSK-ZM	1:36.84
39 Landman, Cameron	16	BETH-FD	1:37.68
40 Vorster, Arinda	12	BS-LL	1:37.97
41 Barnard, Kara H	13	TRALI-MA	1:38.07
42 Pienaar, Mia	14	BULS-MA	1:39.23
43 Bloem, Umari	12	BLOT-MA	1:39.32
44 McQueen, Leanne C	10	BLSS-MA	1:39.94
45 Combrink, Claire B	13	STGR-XR	1:40.86
46 Engelbrecht, Nieke C	14	UPSK-ZM	1:42.46
47 Tredoux, Jane A	10	BLNE-MA	1:42.81
48 de Wet, Elmane'	11	BULS-MA	1:42.87
49 Fernandes, Angelina M	12	WSS-LL	1:43.16
50 Hattingh, Xandri	12	KTS-JT	1:43.60
51 Tuta, Oyama T	11	PELIC-MA	1:44.23
52 Van der Merwe, Adi E	12	STGR-XR	1:44.55
53 Janse van Rensburg, Grizt	10	NWUC-KK	1:45.54
54 Swartz, Ezra	12	BULS-MA	1:45.58
55 Groenewald, Nina H	9	KTS-JT	1:45.58
56 Goosen, Jeanine C	10	BLNE-MA	1:45.94
57 Opperman, Elmine	10	KTS-JT	1:46.73
58 Du Toit, Emma	10	BULS-MA	1:46.87
59 Jordaan, Mieke	10	KTS-JT	1:46.92
60 Roper, Elle-Anne	9	WSS-LL	1:48.10
61 Nthwane, Bonolo B	12	MATL-KK	1:48.48
62 Louw, Daniella	10	FAAC-FB	1:48.88
63 Makatiers, Tlotlotsame	10	RBOT-BP	1:49.98
64 Crossman, Chelsey M	10	BLSS-MA	1:50.34

65 Olivier, Vida	10	BLNE-MA	1:50.52
66 de Bruyn, Helene	11	BULS-MA	1:50.66
67 Rabambi, Nduvho	10	BULS-MA	1:51.17
68 Pretorius, Larike	10	KALA-JT	1:54.59
69 Dippenaar, Alexia	11	BS-LL	1:55.43
70 Schutte, Clarrisa	13	BULS-MA	1:56.15
71 Monareng, Rorisang	10	BLNE-MA	2:00.71
72 Adendorff, Anje	9	KALA-JT	2:03.46
73 Bredenkamp, Mariandi	10	BS-LL	2:03.47
74 Louw, Danelle M	9	BULS-MA	2:05.13
75 Carls, Georgia	9	KTS-JT	2:05.86

## #205 Men 19 &amp; Under 50 LC Meter Butterfly

Name	Age	Team	Seed Time
1 Kuhn, Jacques J	18	KTS-JT	28.65
2 Steyl, Douw L	17	UPSK-ZM	28.76
3 Mojapelo, Lethabo T	16	RBOT-BP	29.06
4 Morgan, Shaun	16	VALS-FD	29.28
5 James, Abongile M	15	RBOT-BP	29.86
6 Jacobs, Ruan	15	VALS-FD	30.80
7 Geysler, Heinrich	16	BLNE-MA	30.89
8 Ludik, Stephan E	16	KTS-JT	30.93
9 Van Niekerk, Daniel	15	GHSK-FB	31.19
10 Steyn, Le Roux L	16	GHSK-FB	31.19
11 Mostert, Charl	16	RBOT-BP	31.45
12 Pretorius, Milan	15	VALS-FD	31.66
13 Scholtz, Neldus C	16	STELL-RM	31.81
14 Gouws, Duan	15	RBOT-BP	32.37
15 Pretorius, Xander A	15	TNDER-FD	32.88
16 Fourie, Reardon E	15	BULS-MA	33.11
17 Fredericks, Joshua I	15	GHSK-FB	33.53
18 Van Rensburg, Brian J	16	BLNE-MA	33.73
19 April, Lorenzo M	16	TRALI-MA	34.09
20 Niemand, Gideon J	15	UPSK-ZM	34.26
21 Smuts, Darian S	17	GHSK-FB	34.49
22 Van Staden, Albert J	13	WELA-LL	35.09
23 Jonker, JJ J	18	TLAC-BP	35.38
24 Guddisa, Elrohi	14	BLNE-MA	35.51
25 Reetsang, Reatile	14	ISSC-NM	35.53
26 Rousseau, Francois D	17	NWUC-KK	35.67
27 Radford, Charles J	13	UPSK-ZM	36.09
28 Boshoff, Arno	15	UPSK-ZM	36.58
29 Pitse, Lesego T	14	MATL-KK	36.74
30 Pretorius, Heinrich	15	KALA-JT	37.40
31 Van der Bijl, Almero	13	BLNE-MA	37.56
32 Greeve, Nicolas N	14	MATL-KK	37.75
33 Moepeng, Botlokwa	15	MATL-KK	38.29
34 Perry, A.D D	10	BLNE-MA	38.67
35 Maree, Lohan L	9	BLNE-MA	40.34
36 Swart, Petrus J	9	BLNE-MA	40.42
37 Kotzé, Izak F	11	BS-LL	41.09
38 Steyl, Kayden L	11	BLSS-MA	41.77
39 Kruger, Rikhardt	12	UPSK-ZM	42.18
40 DU Plessis, Dale	12	BLSS-MA	42.41
41 Coetzer, Jacques	11	BLOT-MA	43.18
42 Bergh, Ruan	10	BLOT-MA	43.31
43 Savvas, Chris	13	WSS-LL	43.43
44 Jacobs, Willem	10	NWUC-KK	43.73
45 Nel, Dirk	10	WELA-LL	43.95
46 Smit, Ruhann	13	HWSK-FB	44.04
47 Moalosi, Moalosi	11	PELIC-MA	44.07
48 Tredoux, Jandre E	12	BLNE-MA	44.39
49 Mbamali, Rea K	14	PELIC-MA	44.39
50 Du Toit, Adriaan	12	WELA-LL	44.79
51 Esterhuysen, Gerco N	10	BLSS-MA	44.81
52 Bester, JC C	11	BULS-MA	44.93
53 Nagel, Gideon P	10	BLSS-MA	45.20

## SA Level 2 Regional Age Group Champs 2024-NC - 26/03/2024 to 28/03/2024

## Psych Sheet

## #205 ... (Men 19 &amp; Under 50 LC Meter Butterfly)

54	Bredenkamp, Milne M	11	BS-LL	46.27
55	Claassen, Adriaan S	12	VALS-FD	46.43
56	Scott, Logan W	10	BLSS-MA	46.83
57	van Zyl, Hanco	11	BS-LL	50.67
58	Ramantsi, Masegoame	10	BULS-MA	50.85
59	Bakkes, Liam	10	BULS-MA	51.66
60	Guddisa, Ezana R	10	BLNE-MA	51.72
61	Guddisa, Eliam R	10	BLNE-MA	52.13
62	Mostert, Christiaan	9	FAAC-FB	52.36
63	Van Niekerk, Alexander P	11	BLSS-MA	54.43
64	Botha, Lian	11	BS-LL	55.51
65	Potgieter, Luan	12	BULS-MA	56.79
66	Jansen, Lee-Rone	12	KALA-JT	58.58
67	Potgieter, Michal	9	BULS-MA	58.77
68	Basson, Noland	11	BLSS-MA	1:00.09
69	Bird, Peter R	10	PELIC-MA	1:01.01
70	Lubbe, Andrew	10	KALA-JT	1:02.46
71	Mario, Paulo M	13	KALA-JT	1:02.68
72	Erasmus, Marnu J	9	TRALI-MA	1:11.80
73	Cockeran, Reuben	8	KALA-JT	1:12.32
74	Rentzke, Jacques B	9	STAR-BP	NT

## #206 Women 19 &amp; Under 50 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Volschenk, Anja	14	BLSS-MA	33.96
2	Serfontein, Annika E	17	VALS-FD	34.33
3	Prinsloo, Anieke	14	BETH-FD	35.29
4	Engelbrecht, Nieke C	14	UPSK-ZM	35.52
5	Pretorius, Mekayla	15	HWSK-FB	35.71
6	Kirsten, Jesse	14	BLOT-MA	35.87
7	Muller, Xanri	14	GHSK-FB	36.04
8	Fourie, Lois	16	BLSS-MA	36.45
9	Coetzee, Suné	13	STELL-RM	36.87
10	Blignaut, Rienke	15	BLSS-MA	36.92
11	Lensing, Marlo	14	UPSK-ZM	37.02
12	de Wet, Liane'	14	BULS-MA	37.07
13	Du Plessis, Jenna P	16	BLSS-MA	37.24
14	Prins, Tiffany C	13	KTS-JT	37.25
15	Laubscher, Shy X	15	WELA-LL	37.51
16	Welgemoed, Kayla	15	VALS-FD	37.59
17	Viljoen, Johane	16	BLNE-MA	37.60
18	Fourie, Eunice	16	BLSS-MA	37.78
19	Boshoff, Mieke	13	UPSK-ZM	37.78
20	Van Rooyen, Michaela	16	BLSS-MA	37.92
21	Thomson, Tamsyn	13	BULS-MA	37.92
22	Maree, Anri	13	BS-LL	37.93
23	Labuschagne, Lianne	16	NWUC-KK	37.98
24	De Villiers, Janmae	15	PRKA-PS	38.10
25	Van Niekerk, Dayna	13	BLNE-MA	38.13
26	Theron, Emma-Lee	14	BLSS-MA	38.57
27	Vorster, Arinda	12	BS-LL	39.25
28	Rossouw, Lechelle	13	BLNE-MA	39.28
29	Pretorius, Simone'	14	BETH-FD	39.46
30	Avenant, Ankia	13	UPSK-ZM	39.61
31	Lennox, Jeanrie	13	RBOT-BP	39.89
32	Barnard, Kara H	13	TRALI-MA	40.01
33	Van Zyl, Liane	11	UPSK-ZM	40.31
34	Jacobs, Leané	16	STELL-RM	40.34
35	James, Emihle	12	RBOT-BP	40.47
36	Scholtz, Rozel	14	STELL-RM	40.51
37	Landman, Cameron	16	BETH-FD	40.63
38	Coetzer, Robynn	13	RBOT-BP	40.81
39	Du Randt, Elanri	14	BETH-FD	40.88
40	Wessels, Janika	13	BLOT-MA	40.89
41	Koen, Mia	14	BULS-MA	41.28

42	De Villiers, Annemie H	14	PRKA-PS	41.31
43	Strong, Kimberley S	15	KTS-JT	41.37
44	Zoutendyk, Simone	10	RBOT-BP	41.44
45	van Heerden, Lia	11	BS-LL	41.56
46	Combrink, Claire B	13	STGR-XR	41.58
47	du Toit, Luette	13	BULS-MA	41.61
48	Barnard, Franzelle	12	BS-LL	42.03
49	de Bruyn, Helene	11	BULS-MA	43.11
50	Myburgh, Emmah	14	UPSK-ZM	43.40
51	Dippenaar, Melinda	14	BS-LL	43.73
52	Hunter, Willow	13	BULS-MA	43.77
53	Le Roux, Lisa	10	BLOT-MA	43.81
54	Tredoux, Jane A	10	BLNE-MA	44.53
55	Monareng, Rorisang	10	BLNE-MA	44.80
56	Bloem, Umari	12	BLOT-MA	44.84
57	Cullen, Abi	15	WELA-LL	44.86
58	Crossman, Chelsey M	10	BLSS-MA	45.16
59	Ferreira, Lisa	12	BULS-MA	45.21
60	Wilken, Marine	13	VALS-FD	45.34
61	Tuta, Oyama T	11	PELIC-MA	45.39
62	Smith, Ilane'	12	BULS-MA	45.44
63	Fernandes, Angelina M	12	WSS-LL	45.54
64	Julius, Destheonique N	11	KALA-JT	45.77
65	Pool, Johandri	13	BLSS-MA	46.17
66	McQueen, Leanne C	10	BLSS-MA	46.29
67	Janse van Rensburg, Zand	10	NWUC-KK	46.30
68	Du Toit, Emma	10	BULS-MA	48.03
69	Nthwane, Bonolo B	12	MATL-KK	48.27
70	Joubert, Mine	13	BETH-FD	48.45
71	de Wet, Elmane'	11	BULS-MA	48.80
72	Olivier, Vida	10	BLNE-MA	48.85
73	Janse van Rensburg, Grizz	10	NWUC-KK	49.58
74	Meyer, Wilhandi	11	BULS-MA	50.21
75	Le Roux, Monique	13	KALA-JT	50.61
76	Van der Merwe, Adi E	12	STGR-XR	50.87
77	Makatiers, Tlotlotsame	10	RBOT-BP	51.39
78	Louw, Daniella	10	FAAC-FB	51.79
79	Dippenaar, Alexia	11	BS-LL	51.83
80	Ntidi, Rea	10	NWUC-KK	51.97
81	Jordaan, Mieke	10	KTS-JT	52.56
82	Goosen, Jeanine C	10	BLNE-MA	52.69
83	Carls, Georgia	9	KTS-JT	53.39
84	Groenewald, Nina H	9	KTS-JT	53.46
85	Botha, Jane	11	VALS-FD	53.82
86	Louw, Danelle M	9	BULS-MA	54.06
87	Roper, Elle-Anne	9	WSS-LL	54.40
88	Retief, Terina	12	BLNE-MA	55.19
89	Roodt, Sunechka	12	MATL-KK	55.53
90	Rabambi, Nduvho	10	BULS-MA	56.23
91	Bredenkamp, Mariandi	10	BS-LL	56.58
92	Botha, Alexia	10	KALA-JT	1:10.37

## #207 Men 19 &amp; Under 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Steyl, Douw L	17	UPSK-ZM	1:16.26
2	Morgan, Shaun	16	VALS-FD	1:18.65
3	Gouws, Duan	15	RBOT-BP	1:21.98
4	Mojaepelo, Lethabo T	16	RBOT-BP	1:22.16
5	Pretorius, Milan	15	VALS-FD	1:22.60
6	Ludik, Stephan E	16	KTS-JT	1:26.34
7	Fourie, Reardon E	15	BULS-MA	1:29.25
8	Rousseau, Francois D	17	NWUC-KK	1:29.53
9	Van Rensburg, Brian J	16	BLNE-MA	1:29.68
10	Pretorius, Xander A	15	TNDER-FD	1:30.01
11	Brink, Dregan	15	TNDER-FD	1:31.12
12	Boshoff, Arno	15	UPSK-ZM	1:33.15
13	Moepeng, Botlokwa	15	MATL-KK	1:34.64

14	Daniel, Maltwood	17	HWSK-FB	1:34.76
15	Tiedt, NJ J	13	GHSK-FB	1:34.77
16	Smuts, Darian S	17	GHSK-FB	1:35.90
17	Mbamali, Rea K	14	PELIC-MA	1:36.04
18	Pitse, Lesego T	14	MATL-KK	1:36.17
19	Radford, Charles J	13	UPSK-ZM	1:36.56
20	Reetsang, Reatile	14	ISSC-NM	1:37.59
21	Van der Bijl, Almero	13	BLNE-MA	1:38.47
22	Muller, Ihan	14	BLSS-MA	1:39.08
23	Kruger, WJ	16	BETH-FD	1:39.16
24	Mario, Paulo M	13	KALA-JT	1:40.39
25	Mostert, Stian	12	FAAC-FB	1:41.06
26	Geyser, Heinrich	16	BLNE-MA	1:41.08
27	Savvas, Chris	13	WSS-LL	1:41.55
28	Van Staden, Albert J	13	WELA-LL	1:42.06
29	DU Plessis, Dale	12	BLSS-MA	1:43.04
30	du Preez, Hendre	13	BULS-MA	1:44.00
31	Scott, Logan W	10	BLSS-MA	1:44.26
32	De Witt, Simon	13	STGR-XR	1:44.71
33	Basson, Noland	11	BLSS-MA	1:44.74
34	Guddisa, Elrohi	14	BLNE-MA	1:47.16
35	Esterhuysen, Gerco N	10	BLSS-MA	1:47.47
36	Visser, Henrikus M	13	KALA-JT	1:47.58
37	Van Der Merwe, Barend J	12	VALS-FD	1:47.71
38	Nagel, Gideon P	10	BLSS-MA	1:48.15
39	Swart, Petrus J	9	BLNE-MA	1:48.42
40	Jansen, Lee-Rone	12	KALA-JT	1:49.46
41	Niemand, Gideon J	15	UPSK-ZM	1:49.73
42	Smit, Ruhann	13	HWSK-FB	1:50.08
43	Cloete, Jomar H	13	STGR-XR	1:50.14
44	Botha, Lian	11	BS-LL	1:50.24
45	Bester, J C C	11	BULS-MA	1:50.51
46	Steenkamp, Rainard O	12	BETH-FD	1:51.01
47	Perry, A.D D	10	BLNE-MA	1:51.09
48	Maree, Lohan L	9	BLNE-MA	1:52.24
49	Rentzke, Jacques B	9	STAR-BP	1:52.55
50	Tredoux, Jandre E	12	BLNE-MA	1:52.75
51	Potgieter, Luan	12	BULS-MA	1:53.07
52	Kotzé, Izak F	11	BS-LL	1:56.24
53	Claassen, Adriaan S	12	VALS-FD	1:56.66
54	Bakkes, Liam	10	BULS-MA	1:56.97
55	van Zyl, Hanco	11	BS-LL	1:57.21
56	Cockeran, CJ J	11	KALA-JT	1:58.57
57	Bredenkamp, Milne M	11	BS-LL	1:58.72
58	Potgieter, Michal	9	BULS-MA	2:00.08
59	Nel, Dirk	10	WELA-LL	2:00.23
60	Cockeran, Reuben	8	KALA-JT	2:00.79
61	Steyl, Kayden L	11	BLSS-MA	2:01.33
62	Erasmus, Marnu J	9	TRALI-MA	2:01.45
63	Vermaak, Dirk	12	WELA-LL	2:02.82
64	Labuschagne, Arno J	13	NWUC-KK	2:03.42
65	Jacobs, Willem	10	NWUC-KK	2:04.56
66	Mathane, Declan C	10	GHSK-FB	2:06.83
67	Kruger, Rikhardt	12	UPSK-ZM	2:07.04
68	Maartens, Gustav	11	VALS-FD	2:08.27
69	Lubbe, Andrew	10	KALA-JT	2:08.61
70	de Vries, Jan-Hendrik	10	BLOT-MA	2:08.73
71	Guddisa, Ezana R	10	BLNE-MA	2:09.33
72	Bird, Peter R	10	PELIC-MA	2:13.48
73	Moalosi, Moalosi	11	PELIC-MA	2:14.20
74	Guddisa, Eliam R	10	BLNE-MA	2:17.69
75	Louw, André J	10	KALA-JT	2:23.26
76	April, Lorenzo M	16	TRALI-MA	NT
77	Scholtz, Neldus C	16	STELL-RM	NT
78	Greeve, Nicolas N	14	MATL-KK	NT

## SA Level 2 Regional Age Group Champs 2024-NC - 26/03/2024 to 28/03/2024

## Psych Sheet

#208 Women 19 & Under 100 LC Meter Breaststroke			
Name	Age	Team	Seed Time
1 Fourie, Lois	16	BLSS-MA	1:29.78
2 Fourie, Eunice	16	BLSS-MA	1:30.29
3 De Villiers, Janna	15	PRKA-PS	1:30.81
4 Van Rooyen, Michaela	16	BLSS-MA	1:34.60
5 Welgemoed, Kayla	15	VALS-FD	1:35.25
6 de Wet, Liane'	14	BULS-MA	1:36.99
7 Van Niekerk, Dayna	13	BLNE-MA	1:37.81
8 Du Plessis, Jenna P	16	BLSS-MA	1:38.01
9 Rossouw, Lechelle	13	BLNE-MA	1:38.16
10 Welgemoed, Isabelle	13	BLSS-MA	1:38.44
11 Lensing, Marlo	14	UPSK-ZM	1:38.59
12 Landman, Cameron	16	BETH-FD	1:38.78
13 Wilken, Marine	13	VALS-FD	1:39.59
14 Makatiers, Ontshiametse	12	RBOT-BP	1:39.59
15 Jackson, Kelly	17	BLSS-MA	1:39.73
16 Pool, Johandri	13	BLSS-MA	1:39.78
17 Barnard, Franzelle	12	BS-LL	1:39.84
18 Davies, Ashleigh	15	WELA-LL	1:39.90
19 Wessels, Janika	13	BLOT-MA	1:41.00
20 Labuschagne, Lianne	16	NWUC-KK	1:41.43
21 Laubscher, Shy X	15	WELA-LL	1:41.87
22 Swartz, Ezra	12	BULS-MA	1:42.05
23 Ferreira, Lisa	12	BULS-MA	1:42.05
24 Bloem, Umari	12	BLOT-MA	1:42.41
25 Myburgh, Emmah	14	UPSK-ZM	1:42.68
26 Vorster, Arinda	12	BS-LL	1:42.88
27 Koen, Mia	14	BULS-MA	1:43.17
28 Dippenaar, Melinda	14	BS-LL	1:43.31
29 Viljoen, Johane	16	BLNE-MA	1:43.53
30 Le Roux, Monique	13	KALA-JT	1:43.85
31 Pretorius, Mekayla	15	HWSK-FB	1:43.89
32 Welgemoed, Cala	15	VALS-FD	1:44.16
33 Pienaar, Mia	14	BULS-MA	1:44.34
34 Volschenk, Anja	14	BLSS-MA	1:44.91
35 Hunter, Willow	13	BULS-MA	1:45.38
36 Boshoff, Mieke	13	UPSK-ZM	1:45.85
37 De Villiers, Annemie H	14	PRKA-PS	1:46.34
38 Zoutendyk, Simone	10	RBOT-BP	1:46.46
39 James, Emihle	12	RBOT-BP	1:47.12
40 Prins, Tiffany C	13	KTS-JT	1:47.84
41 Joubert, Mine	13	BETH-FD	1:47.93
42 Scholtz, Rozel	14	STELL-RM	1:48.00
43 Prinsloo, Anieke	14	BETH-FD	1:48.07
44 Schutte, Clarrisa	13	BULS-MA	1:48.24
45 Swanepoel, Lizee	12	STGR-XR	1:48.46
46 Solomon, Anja	12	KALA-JT	1:48.53
47 Le Roux, Lisa	10	BLOT-MA	1:48.93
48 Retief, Terina	12	BLNE-MA	1:49.68
49 van Heerden, Lia	11	BS-LL	1:49.70
50 Cullen, Abi	15	WELA-LL	1:49.89
51 McQueen, Leanne C	10	BLSS-MA	1:50.40
52 Janse van Rensburg, Zand	10	NWUC-KK	1:50.56
53 de Wet, Elmane'	11	BULS-MA	1:50.66
54 Fernandes, Angelina M	12	WSS-LL	1:51.46
55 Meyer, Wilhandi	11	BULS-MA	1:52.41
56 Thomson, Tamsyn	13	BULS-MA	1:55.88
57 Dippenaar, Alexia	11	BS-LL	1:56.21
58 Avenant, Ankia	13	UPSK-ZM	1:56.37
59 Ntidi, Rea	10	NWUC-KK	1:56.50
60 Monareng, Rorisang	10	BLNE-MA	1:57.08
61 Roper, Elle-Anne	9	WSS-LL	1:57.25
62 Tredoux, Jane A	10	BLNE-MA	1:58.55
63 Julius, Destheonique N	11	KALA-JT	1:59.36
64 Adendorff, Anje	9	KALA-JT	1:59.64

#209 Men 12 & Under 4x100 LC Meter Freestyle Relay 4 x 100 F			
Team	Relay	Seed Time	
1 BLSS-MA	M12 A	5:09.86	
Nagel, Gideon P 10	Van Niekerk, Alexander P 1		
Steyl, Kayden L 11	Scott, Logan W 10		
2 BLNE-MA	M12 A	5:29.55	
Perry, A.D D 10	Tredoux, Jandre E 12		
Swart, Petrus J 9	Maree, Lohan L 9		
3 KALA-JT	M12 A	6:33.96	
Lubbe, Andrew 10	Cockeran, CJ J 11		
Louw, André J 10	Jansen, Lee-Rone 12		

#210 Men 13-14 4x100 LC Meter Freestyle Relay 4 x 100 F			
Team	Relay	Seed Time	
1 BLSS-MA	A	5:03.66	
Muller, Ihan 14	Esterhuysen, Gerco N 10		
Basson, Noland 11	DU Plessis, Dale 12		

#211 Men 15-19 4x100 LC Meter Freestyle Relay 4 x 100 F			
Team	Relay	Seed Time	
1 GHSK-FB	A	4:25.80	
Van Niekerk, Daniel 15	Tiedt, NJ J 13		
Fredericks, Joshua I 15	Steyn, Le Roux L 16		
2 BLNE-MA	A	4:37.39	
Geyser, Heinrich 16	Van der Bijl, Almero 13		
Guddisa, Elrohi 14	Van Rensburg, Brian J 16		
3 UPSK-ZM	A	4:38.67	
Boshoff, Arno 15	Radford, Charles J 13		
Niemand, Gideon J 15	Steyl, Douw L 17		
4 VALS-FD	A	4:39.58	
Pretorius, Milan 15	Maartens, Gustav 11		
Jacobs, Ruan 15	Morgan, Shaun 16		

#212 Women 12 & Under 4x100 LC Meter Freestyle Relay 4 x 100 F			
Team	Relay	Seed Time	
1 RBOT-BP	A	5:28.98	
Zoutendyk, Simone 10	James, Emihle 12		
Gqoloma, Olwethu 12	Makatiers, Ontshiametse O		
2 BULS-MA	A	5:43.54	
Smith, Ilane' 12	Swartz, Ezra 12		
Du Toit, Emma 10	Ferreira, Lisa 12		
3 KALA-JT	A	6:01.85	
Julius, Destheonique N 11	Pretorius, Larike 10		
Adendorff, Anje 9	Solomon, Anja 12		
4 BLNE-MA	A	6:09.95	
Tredoux, Jane A 10	Monareng, Rorisang 10		
Goosen, Jeanine C 10	Olivier, Vida 10		
5 BULS-MA	B	6:21.94	
Ramantsi, Masegoame 10	Potgieter, Michal 9		
Beste, JC C 11	Potgieter, Luan 12		

#213 Women 13-14 4x100 LC Meter Freestyle Relay 4 x 100 F			
Team	Relay	Seed Time	
1 BLSS-MA	A	4:54.80	
Welgemoed, Isabelle 13	Volschenk, Anja 14		
Theron, Emma-Lee 14	Pool, Johandri 13		
2 UPSK-ZM	A	5:00.39	
Lensing, Marlo 14	Avenant, Ankia 13		
Engelbrecht, Nieke C 14	Myburgh, Emmah 14		
3 BULS-MA	A	5:07.89	
Koen, Mia 14	du Toit, Luette 13		
Hunter, Willow 13	de Wet, Liane' 14		
4 BLOT-MA	A	5:09.23	
Kirsten, Jesse 14	Bloem, Umari 12		
Wessels, Janika 13	Le Roux, Lisa 10		

#214 Women 15-19 4x100 LC Meter Freestyle Relay 4 x 100 F			
Team	Relay	Seed Time	
1 BLSS-MA	A	4:50.01	
Jackson, Kelly 17	Fourie, Eunice 16		
Fourie, Lois 16	Blignaut, Rienke 15		
2 UPSK-ZM	A	5:06.26	
Radford, Charles J 13	Boshoff, Arno 15		
Niemand, Gideon J 15	Steyl, Douw L 17		
3 VALS-FD	A	5:13.42	
Welgemoed, Kayla 15	Wilken, Marine 13		
Welgemoed, Cala 15	Serfontein, Annika E 17		

#301 Men 19 & Under 200 LC Meter Backstroke			
Name	Age	Team	Seed Time
1 Van Niekerk, Daniel	15	GHSK-FB	2:44.74
2 Niemand, Gideon J	15	UPSK-ZM	2:51.20
3 Pretorius, Xander A	15	TNDER-FD	2:55.40
4 Pretorius, Heinrich	15	KALA-JT	2:59.03
5 Steyl, Douw L	17	UPSK-ZM	2:59.10
6 Muller, Ihan	14	BLSS-MA	3:00.12
7 Bergh, Ian	13	BLOT-MA	3:05.01
8 Greeve, Nicolas N	14	MATL-KK	3:06.62
9 Van Staden, Albert J	13	WELA-LL	3:08.51
10 Brink, Dregan	15	TNDER-FD	3:10.47
11 Scott, Logan W	10	BLSS-MA	3:11.94
12 Cronje, Jovan	12	KTS-JT	3:12.77
13 Perry, A.D D	10	BLNE-MA	3:13.07
14 Labuschagne, Arno J	13	NWUC-KK	3:14.20
15 Swart, Petrus J	9	BLNE-MA	3:15.81
16 Visser, Henrikus M	13	KALA-JT	3:20.33
17 Maree, Lohan L	9	BLNE-MA	3:21.33
18 Steyl, Kayden L	11	BLSS-MA	3:27.41
19 Boshoff, Arno	15	UPSK-ZM	3:29.86
20 Radford, Charles J	13	UPSK-ZM	3:37.54
21 Kotzé, Izak F	11	BS-LL	3:43.03
22 Moalosi, Moalosi	11	PELIC-MA	3:49.68
23 Kruger, Rikhardt	12	UPSK-ZM	3:59.03
24 Bird, Peter R	10	PELIC-MA	4:00.50
25 Louw, André J	10	KALA-JT	4:15.70
26 Van Rensburg, Brian J	16	BLNE-MA	NT

#302 Women 19 & Under 200 LC Meter Backstroke			
Name	Age	Team	Seed Time
1 Fourie, Lois	16	BLSS-MA	3:00.96
2 Bishop, Gaby	15	BETH-FD	3:01.20
3 Theron, Emma-Lee	14	BLSS-MA	3:01.50
4 Fourie, Eunice	16	BLSS-MA	3:03.73
5 Prins, Tiffany C	13	KTS-JT	3:04.88
6 Muller, Xanri	14	GHSK-FB	3:05.34
7 Jackson, Kelly	17	BLSS-MA	3:07.37
8 Lensing, Marlo	14	UPSK-ZM	3:07.45
9 Avenant, Ankia	13	UPSK-ZM	3:09.12
10 Gqoloma, Olwethu	12	RBOT-BP	3:09.55



## SA Level 2 Regional Age Group Champs 2024-NC - 26/03/2024 to 28/03/2024

## Psych Sheet

## #302 ... (Women 19 &amp; Under 200 LC Meter Backstroke)

11	Maree, Anri	13	BS-LL	3:11.14
12	Barnard, Franzelle	12	BS-LL	3:11.47
13	Van Rooyen, Michaela	16	BLSS-MA	3:12.27
14	Boshoff, Mieke	13	UPSK-ZM	3:12.45
15	Roodt, Sunechka	12	MATL-KK	3:17.67
16	Labuschagne, Lianne	16	NWUC-KK	3:18.85
17	Lennox, Jeanrie	13	RBOT-BP	3:25.42
18	McQueen, Leanne C	10	BLSS-MA	3:25.97
19	Dippenaar, Melinda	14	BS-LL	3:26.87
20	Du Randt, Elanri	14	BETH-FD	3:27.15
21	Myburgh, Emmah	14	UPSK-ZM	3:27.41
22	van Heerden, Lia	11	BS-LL	3:28.31
23	Jacobs, Chanlè	12	STGR-XR	3:28.60
24	Van Zyl, Liane	11	UPSK-ZM	3:35.69
25	Engelbrecht, Nieke C	14	UPSK-ZM	3:36.20
26	Tuta, Oyama T	11	PELIC-MA	3:36.34
27	Van der Merwe, Adi E	12	STGR-XR	3:36.51
28	Tredoux, Jane A	10	BLNE-MA	3:38.30
29	Pienaar, Mia	14	BULS-MA	3:45.25
30	Nthwane, Bonolo B	12	MATL-KK	3:46.94
31	Du Toit, Emma	10	BULS-MA	3:50.90
32	Fernandes, Angelina M	12	WSS-LL	3:51.06
33	Groenewald, Nina H	9	KTS-JT	3:55.28
34	Makatiers, Tlotlotsame	10	RBOT-BP	3:58.26
35	Dippenaar, Alexia	11	BS-LL	4:07.17

## #303 Men 19 &amp; Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Jacobs, Ruan	15	VALS-FD	3:01.24
2	Steyl, Douw L	17	UPSK-ZM	3:01.51
3	Pretorius, Milan	15	VALS-FD	3:05.30
4	Gouws, Duan	15	RBOT-BP	3:07.26
5	Mojapelo, Lethabo T	16	RBOT-BP	3:11.37
6	Rousseau, Francois D	17	NWUC-KK	3:12.89
7	Pretorius, Xander A	15	TNDER-FD	3:21.12
8	Brink, Dregan	15	TNDER-FD	3:21.38
9	Ludik, Stephan E	16	KTS-JT	3:24.28
10	Tiedt, NJ J	13	GHSK-FB	3:26.36
11	Muller, Ihan	14	BLSS-MA	3:26.94
12	Fourie, Reardon E	15	BULS-MA	3:27.67
13	Fredericks, Joshua I	15	GHSK-FB	3:27.76
14	Van Rensburg, Brian J	16	BLNE-MA	3:28.83
15	Van der Bijl, Almero	13	BLNE-MA	3:32.59
16	Radford, Charles J	13	UPSK-ZM	3:33.26
17	Smuts, Darian S	17	GHSK-FB	3:34.07
18	Kruger, WJ	16	BETH-FD	3:34.25
19	Pitse, Lesego T	14	MATL-KK	3:35.85
20	du Preez, Hendre	13	BULS-MA	3:36.27
21	DU Plessis, Dale	12	BLSS-MA	3:37.46
22	Boshoff, Arno	15	UPSK-ZM	3:40.56
23	Mario, Paulo M	13	KALA-JT	3:40.75
24	Mbamali, Rea K	14	PELIC-MA	3:42.17
25	Savvas, Chris	13	WSS-LL	3:44.33
26	Scott, Logan W	10	BLSS-MA	3:47.48
27	Nagel, Gideon P	10	BLSS-MA	3:48.92
28	Visser, Henrikus M	13	KALA-JT	3:49.19
29	De Witt, Simon	13	STGR-XR	3:49.22
30	Esterhuysen, Gerco N	10	BLSS-MA	3:49.77
31	Van Der Merwe, Barend J	12	VALS-FD	3:52.55
32	Cloete, Jomar H	13	STGR-XR	3:54.22
33	Smit, Ruhann	13	HWSK-FB	3:55.10
34	Tredoux, Jandre E	12	BLNE-MA	3:57.43
35	Swart, Petrus J	9	BLNE-MA	3:57.88
36	Rentzke, Jacques B	9	STAR-BP	3:59.22
37	Potgieter, Luan	12	BULS-MA	4:02.24

38	Bester, JC C	11	BULS-MA	4:03.10
39	Jansen, Lee-Rone	12	KALA-JT	4:03.11
40	Kotzé, Izak F	11	BS-LL	4:05.48
41	Claassen, Adriaan S	12	VALS-FD	4:10.47
42	Potgieter, Michal	9	BULS-MA	4:10.55
43	Botha, Lian	11	BS-LL	4:12.02
44	van Zyl, Hanco	11	BS-LL	4:13.06
45	Niemand, Gideon J	15	UPSK-ZM	4:13.30
46	Cockeran, CJ J	11	KALA-JT	4:13.37
47	Labuschagne, Arno J	13	NWUC-KK	4:15.02
48	Cockeran, Reuben	8	KALA-JT	4:15.14
49	Bakkes, Liam	10	BULS-MA	4:15.37
50	Vermaak, Dirk	12	WELA-LL	4:22.75
51	Kruger, Rikhardt	12	UPSK-ZM	4:31.63
52	Mathane, Declan C	10	GHSK-FB	4:33.72
53	Lubbe, Andrew	10	KALA-JT	4:38.00

## #304 Women 19 &amp; Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Fourie, Lois	16	BLSS-MA	3:17.47
2	Fourie, Eunice	16	BLSS-MA	3:17.94
3	De Villiers, Jannae	15	PRKA-PS	3:19.45
4	Van Rooyen, Michaela	16	BLSS-MA	3:22.24
5	Lensing, Marlo	14	UPSK-ZM	3:26.74
6	Pool, Johandri	13	BLSS-MA	3:30.15
7	Du Plessis, Jenna P	16	BLSS-MA	3:32.38
8	Landman, Cameron	16	BETH-FD	3:33.16
9	de Wet, Liane'	14	BULS-MA	3:33.67
10	Rossouw, Lechelle	13	BLNE-MA	3:35.97
11	Labuschagne, Lianne	16	NWUC-KK	3:37.35
12	Makatiers, Ontshiametse	12	RBOT-BP	3:37.79
13	Myburgh, Emmah	14	UPSK-ZM	3:38.98
14	Bloem, Umari	12	BLOT-MA	3:40.49
15	Laubscher, Shy X	15	WELA-LL	3:40.62
16	Scholtz, Rozel	14	STELL-RM	3:40.86
17	Le Roux, Monique	13	KALA-JT	3:41.36
18	Koen, Mia	14	BULS-MA	3:41.40
19	Wessels, Janika	13	BLOT-MA	3:42.01
20	Dippenaar, Melinda	14	BS-LL	3:42.46
21	Pretorius, Mekayla	15	HWSK-FB	3:43.77
22	De Villiers, Annemie H	14	PRKA-PS	3:44.05
23	Ferreira, Lisa	12	BULS-MA	3:44.43
24	Joubert, Mine	13	BETH-FD	3:45.18
25	Barnard, Franzelle	12	BS-LL	3:46.96
26	Hunter, Willow	13	BULS-MA	3:48.59
27	Wilken, Marine	13	VALS-FD	3:49.54
28	Boshoff, Mieke	13	UPSK-ZM	3:51.17
29	McQueen, Leanne C	10	BLSS-MA	3:52.13
30	Swanepoel, Lizae	12	STGR-XR	3:53.07
31	Solomon, Anja	12	KALA-JT	3:54.15
32	Schutte, Clarrisa	13	BULS-MA	3:54.76
33	Swartz, Ezra	12	BULS-MA	3:54.95
34	Janse van Rensburg, Zand	10	NWUC-KK	3:55.65
35	de Wet, Elmane'	11	BULS-MA	3:55.92
36	Vorster, Arinda	12	BS-LL	3:56.39
37	Botha, Jane	11	VALS-FD	3:57.83
38	Fernandes, Angelina M	12	WSS-LL	3:58.26
39	Meyer, Wilhandi	11	BULS-MA	4:00.59
40	Retief, Terina	12	BLNE-MA	4:02.73
41	van Heerden, Lia	11	BS-LL	4:03.88
42	Adendorff, Anje	9	KALA-JT	4:13.28
43	Julius, Destheonique N	11	KALA-JT	4:13.90
44	Welgemoed, Cala	15	VALS-FD	4:14.72
45	Visser, Mari-Hane	10	KALA-JT	4:15.72
46	Van Zyl, Liane	11	UPSK-ZM	4:15.89
47	Dippenaar, Alexia	11	BS-LL	4:16.42
48	Ntidi, Rea	10	NWUC-KK	4:16.46

49	Botha, Alexia	10	KALA-JT	4:16.62
50	Avenant, Ankia	13	UPSK-ZM	4:18.05
51	Tredoux, Jane A	10	BLNE-MA	4:22.41
52	Du Randt, Elanri	14	BETH-FD	4:28.48
53	Rabambi, Nduvho	10	BULS-MA	4:28.91
54	Engelbrecht, Nieke C	14	UPSK-ZM	4:30.98
55	Pretorius, Larike	10	KALA-JT	4:48.25

## #305 Men 19 &amp; Under 100 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	James, Abongile M	15	RBOT-BP	1:08.79
2	Steyl, Douw L	17	UPSK-ZM	1:10.84
3	Van Niekerk, Daniel	15	GHSK-FB	1:13.17
4	Geyser, Heinrich	16	BLNE-MA	1:13.51
5	Mojapelo, Lethabo T	16	RBOT-BP	1:14.44
6	Fredericks, Joshua I	15	GHSK-FB	1:16.38
7	Jacobs, Ruan	15	VALS-FD	1:18.51
8	Mostert, Charl	16	RBOT-BP	1:19.63
9	Daniel, Maltwood	17	HWSK-FB	1:19.70
10	Van Staden, Albert J	13	WELA-LL	1:21.54
11	Scholtz, Neldus C	16	STELL-RM	1:21.85
12	Van Rensburg, Brian J	16	BLNE-MA	1:23.82
13	Rousseau, Francois D	17	NWUC-KK	1:27.64
14	Reetsang, Reatile	14	ISSC-NM	1:29.23
15	Guddisa, Elrohi	14	BLNE-MA	1:29.43
16	Swart, Petrus J	9	BLNE-MA	1:30.10
17	Boshoff, Arno	15	UPSK-ZM	1:31.25
18	Pitse, Lesego T	14	MATL-KK	1:31.81
19	Radford, Charles J	13	UPSK-ZM	1:36.08
20	Perry, A.D D	10	BLNE-MA	1:37.01
21	Maree, Lohan L	9	BLNE-MA	1:39.84
22	Van der Bijl, Almero	13	BLNE-MA	1:41.89
23	Niemand, Gideon J	15	UPSK-ZM	1:41.94
24	Nel, Dirk	10	WELA-LL	1:43.83
25	Nagel, Gideon P	10	BLSS-MA	1:43.98
26	Esterhuysen, Gerco N	10	BLSS-MA	1:44.34
27	DU Plessis, Dale	12	BLSS-MA	1:46.16
28	Kotzé, Izak F	11	BS-LL	1:47.32
29	Steyl, Kayden L	11	BLSS-MA	1:51.15
30	Coetzer, Jacques	11	BLOT-MA	1:53.31
31	Kruger, Rikhardt	12	UPSK-ZM	1:56.77
32	Scott, Logan W	10	BLSS-MA	2:01.82
33	Moalosi, Moalosi	11	PELIC-MA	2:11.82
34	Du Toit, Adriaan	12	WELA-LL	NT

## #306 Women 19 &amp; Under 100 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Muller, Xanri	14	GHSK-FB	1:20.96
2	Lensing, Marlo	14	UPSK-ZM	1:24.11
3	Viljoen, Johane	16	BLNE-MA	1:27.50
4	Prins, Tiffany C	13	KTS-JT	1:28.48
5	Pretorius, Mekayla	15	HWSK-FB	1:28.66
6	Volschenk, Anja	14	BLSS-MA	1:28.71
7	Maree, Anri	13	BS-LL	1:29.78
8	Rossouw, Lechelle	13	BLNE-MA	1:30.29
9	Labuschagne, Lianne	16	NWUC-KK	1:30.93
10	Coetzee, Suné	13	STELL-RM	1:31.55
11	Zoutendyk, Simone	10	RBOT-BP	1:35.97
12	Van Rooyen, Michaela	16	BLSS-MA	1:36.75
13	Coetzer, Robynn	13	RBOT-BP	1:37.80
14	Boshoff, Mieke	13	UPSK-ZM	1:38.44
15	Dippenaar, Melinda	14	BS-LL	1:39.24
16	James, Emihle	12	RBOT-BP	1:41.12
17	Avenant, Ankia	13	UPSK-ZM	1:41.76
18	Engelbrecht, Nieke C	14	UPSK-ZM	1:42.80
19	de Bruyn, Helene	11	BULS-MA	1:44.73
20	Fernandes, Angelina M	12	WSS-LL	1:47.69

## SA Level 2 Regional Age Group Champs 2024-NC - 26/03/2024 to 28/03/2024

## Psych Sheet

## #306 ... (Women 19 &amp; Under 100 LC Meter Butterfly)

21	du Toit, Lurette	13	BULS-MA	1:48.48
22	Myburgh, Emmah	14	UPSK-ZM	1:49.06
23	Nthwane, Bonolo B	12	MATL-KK	1:51.29
24	Vorster, Arinda	12	BS-LL	1:51.40
25	Monareng, Rorisang	10	BLNE-MA	1:53.02
26	Ferreira, Lisa	12	BULS-MA	1:53.47
27	Crossman, Chelsey M	10	BLSS-MA	1:54.03
28	Tuta, Oyama T	11	PELIC-MA	1:54.12
29	Van Zyl, Liane	11	UPSK-ZM	1:54.21
30	Janse van Rensburg, Griz	10	NWUC-KK	1:55.66
31	Janse van Rensburg, Zand	10	NWUC-KK	1:55.87
32	Dippenaar, Alexia	11	BS-LL	1:59.58
33	Du Randt, Elanri	14	BETH-FD	2:02.65
34	Prinsloo, Anieke	14	BETH-FD	NT

## #307 Men 19 &amp; Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Kuhn, Jacques J	18	KTS-JT	26.15
2	Mojapelo, Lethabo T	16	RBOT-BP	26.76
3	Steyl, Douw L	17	UPSK-ZM	27.07
4	Steyn, Le Roux L	16	GHSK-FB	27.26
5	Ludik, Stephan E	16	KTS-JT	27.31
6	James, Abongile M	15	RBOT-BP	27.49
7	Jacobs, Ruan	15	VALS-FD	27.77
8	Van Niekerk, Daniel	15	GHSK-FB	27.78
9	Pretorius, Milan	15	VALS-FD	28.36
10	Gouws, Duan	15	RBOT-BP	28.67
11	Rousseau, Francois D	17	NWUC-KK	28.77
12	Jonker, JJ J	18	TLAC-BP	28.79
13	Van Rensburg, Brian J	16	BLNE-MA	29.00
14	Kruger, WJ	16	BETH-FD	29.04
15	Geysler, Heinrich	16	BLNE-MA	29.36
16	Scholtz, Neldus C	16	STELL-RM	29.55
17	Fourie, Reardon E	15	BULS-MA	30.47
18	Niemand, Gideon J	15	UPSK-ZM	30.56
19	Radford, Charles J	13	UPSK-ZM	30.58
20	Fredericks, Joshua I	15	GHSK-FB	30.66
21	April, Lorenzo M	16	TRALI-MA	31.39
22	Guddisa, Elrohi	14	BLNE-MA	31.52
23	Smuts, Darian S	17	GHSK-FB	32.10
24	Reetsang, Reatile	14	ISSC-NM	32.22
25	Van der Bijl, Almero	13	BLNE-MA	32.32
26	Brink, Dregan	15	TNDER-FD	32.35
27	Pretorius, Heinrich	15	KALA-JT	32.48
28	Boshoff, Arno	15	UPSK-ZM	33.06
29	Tiedt, NJ J	13	GHSK-FB	33.39
30	Pitse, Lesego T	14	MATL-KK	33.51
31	Greeve, Nicolas N	14	MATL-KK	33.55
32	Kruger, Rikhardt	12	UPSK-ZM	33.70
33	Maree, Lohan L	9	BLNE-MA	34.05
34	Perry, A.D D	10	BLNE-MA	34.20
35	Bergh, Ian	13	BLOT-MA	34.22
36	Mbamali, Rea K	14	PELIC-MA	34.48
37	Steenkamp, Rainard O	12	BETH-FD	34.52
38	Mostert, Stian	12	FAAC-FB	34.63
39	Swart, Petrus J	9	BLNE-MA	34.68
40	Nel, Dirk	10	WELA-LL	34.79
41	Cronje, Jovan	12	KTS-JT	34.90
42	Coetzer, Jacques	11	BLOT-MA	35.53
43	Muller, Ihan	14	BLSS-MA	35.60
44	van Zyl, Hanco	11	BS-LL	35.79
45	Bredenkamp, Milne M	11	BS-LL	35.82
46	Du Toit, Adriaan	12	WELA-LL	35.96
47	Visser, Henrikus M	13	KALA-JT	36.03
48	Jansen, Lee-Rone	12	KALA-JT	36.06

49	du Preez, Hendre	13	BULS-MA	36.16
50	Bester, JC C	11	BULS-MA	36.31
51	Botha, Lian	11	BS-LL	36.34
52	Van Niekerk, Alexander P	11	BLSS-MA	37.37
53	Kotzé, Izak F	11	BS-LL	37.68
54	Labuschagne, Arno J	13	NWUC-KK	37.69
55	Savvas, Chris	13	WSS-LL	37.90
56	de Vries, Jan-Hendrik	10	BLOT-MA	37.92
57	Scott, Logan W	10	BLSS-MA	38.29
58	Smit, Ruhann	13	HWSK-FB	38.33
59	Mario, Paulo M	13	KALA-JT	38.42
60	Steyl, Kayden L	11	BLSS-MA	38.56
61	Bergh, Ruan	10	BLOT-MA	38.73
62	Claassen, Adriaan S	12	VALS-FD	38.91
63	Esterhuysen, Gerco N	10	BLSS-MA	38.94
64	Tredoux, Jandre E	12	BLNE-MA	39.11
65	Mathane, Declan C	10	GHSK-FB	39.23
66	Maartens, Gustav	11	VALS-FD	39.50
67	Moalosi, Moalosi	11	PELIC-MA	39.70
68	Rentzke, Jacques B	9	STAR-BP	39.82
69	Bakkes, Liam	10	BULS-MA	40.07
70	Ramantsi, Masegoame	10	BULS-MA	40.23
71	Basson, Noland	11	BLSS-MA	40.84
72	Mostert, Christiaan	9	FAAC-FB	41.12
73	Louw, André J	10	KALA-JT	41.62
74	Potgieter, Luan	12	BULS-MA	42.03
75	Van Der Merwe, Barend J	12	VALS-FD	42.57
76	Cloete, Jomar H	13	STGR-XR	43.09
77	Guddisa, Ezana R	10	BLNE-MA	43.35
78	Bird, Peter R	10	PELIC-MA	43.58
79	Cockeran, Reuben	8	KALA-JT	43.92
80	Potgieter, Michal	9	BULS-MA	44.15
81	Lubbe, Andrew	10	KALA-JT	44.91
82	Guddisa, Eliam R	10	BLNE-MA	45.59
83	Cockeran, CJ J	11	KALA-JT	45.92

## #308 Women 19 &amp; Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Volschenk, Anja	14	BLSS-MA	30.44
2	Serfontein, Annika E	17	VALS-FD	30.78
3	Fourie, Eunice	16	BLSS-MA	31.32
4	Prins, Tiffany C	13	KTS-JT	31.85
5	Prinsloo, Anieke	14	BETH-FD	31.91
6	Pretorius, Mekayla	15	HWSK-FB	31.93
7	Theron, Emma-Lee	14	BLSS-MA	32.04
8	Blignaut, Rienke	15	BLSS-MA	32.09
9	Du Randt, Elanri	14	BETH-FD	32.10
10	Jacobs, Leané	16	STELL-RM	32.33
11	Pretorius, Simone'	14	BETH-FD	32.34
12	Kirsten, Jesse	14	BLOT-MA	32.36
13	de Wet, Liane'	14	BULS-MA	32.36
14	Jackson, Kelly	17	BLSS-MA	32.47
15	Avenant, Ankia	13	UPSK-ZM	32.54
16	De Villiers, Jannae	15	PRKA-PS	32.71
17	Combrink, Claire B	13	STGR-XR	32.79
18	Laubscher, Shy X	15	WELA-LL	32.84
19	Muller, Xanri	14	GHSK-FB	32.84
20	Vorster, Arinda	12	BS-LL	32.88
21	Lensing, Marlo	14	UPSK-ZM	32.92
22	Rossouw, Lechelle	13	BLNE-MA	32.97
23	Barnard, Franzelle	12	BS-LL	33.05
24	Fourie, Lois	16	BLSS-MA	33.09
25	Van Rooyen, Michaela	16	BLSS-MA	33.29
26	Engelbrecht, Nieke C	14	UPSK-ZM	33.58
27	Wessels, Janika	13	BLOT-MA	33.60
28	Scholtz, Rozel	14	STELL-RM	33.78
29	Bishop, Gaby	15	BETH-FD	33.80

30	Hunter, Willow	13	BULS-MA	33.87
31	Viljoen, Johane	16	BLNE-MA	34.05
32	Welgemoed, Isabelle	13	BLSS-MA	34.17
33	du Toit, Lurette	13	BULS-MA	34.30
34	Solomon, Anja	12	KALA-JT	34.38
35	Koen, Mia	14	BULS-MA	34.49
36	Barnard, Kara H	13	TRALI-MA	34.50
37	Lennox, Jeanrie	13	RBOT-BP	34.60
38	Maree, Anri	13	BS-LL	34.69
39	Welgemoed, Cala	15	VALS-FD	34.78
40	Davies, Ashleigh	15	WELA-LL	34.82
41	Coetzee, Suné	13	STELL-RM	34.91
42	Thomson, Tamsyn	13	BULS-MA	35.19
43	Le Roux, Lisa	10	BLOT-MA	35.33
44	Smith, Ilane'	12	BULS-MA	35.33
45	Makatiers, Ontshiametse	12	RBOT-BP	35.35
46	Bloem, Umari	12	BLOT-MA	35.39
47	Welgemoed, Kayla	15	VALS-FD	35.43
48	Van Niekerk, Dayna	13	BLNE-MA	35.51
49	Coetzer, Robynn	13	RBOT-BP	35.72
50	Myburgh, Emmah	14	UPSK-ZM	35.76
51	James, Emihle	12	RBOT-BP	35.86
52	Du Plessis, Jenna P	16	BLSS-MA	36.05
53	Wilken, Marine	13	VALS-FD	36.05
54	Pool, Johandri	13	BLSS-MA	36.15
55	Landman, Cameron	16	BETH-FD	36.15
56	van Heerden, Lia	11	BS-LL	36.21
57	Van Zyl, Liane	11	UPSK-ZM	36.31
58	Zoutendyk, Simone	10	RBOT-BP	36.31
59	Boshoff, Mieke	13	UPSK-ZM	36.49
60	Jacobs, Chanlè	12	STGR-XR	36.57
61	Pienaar, Mia	14	BULS-MA	36.63
62	Joubert, Mine	13	BETH-FD	36.76
63	Julius, Destheonique N	11	KALA-JT	36.85
64	Du Toit, Emma	10	BULS-MA	36.86
65	Swartz, Ezra	12	BULS-MA	36.89
66	Ferreira, Lisa	12	BULS-MA	37.00
67	Le Roux, Monique	13	KALA-JT	37.07
68	Janse van Rensburg, Griz	10	NWUC-KK	37.26
69	Daniel, Abi	13	HWSK-FB	37.35
70	Meyer, Wilhandi	11	BULS-MA	37.46
71	Roodt, Sunechka	12	MATL-KK	37.50
72	Monareng, Rorisang	10	BLNE-MA	37.80
73	Tuta, Oyama T	11	PELIC-MA	38.10
74	McQueen, Leanne C	10	BLSS-MA	38.33
75	Retief, Terina	12	BLNE-MA	38.76
76	Dippenaar, Melinda	14	BS-LL	38.77
77	Cullen, Abi	15	WELA-LL	39.10
78	Louw, Daniella	10	FAAC-FB	39.32
79	Janse van Rensburg, Zand	10	NWUC-KK	39.56
80	Roper, Elle-Anne	9	WSS-LL	39.64
81	Olivier, Vida	10	BLNE-MA	39.66
82	Schutte, Clarrisa	13	BULS-MA	39.71
83	Tredoux, Jane A	10	BLNE-MA	39.81
84	de Wet, Elmane'	11	BULS-MA	40.00
85	Swanepoel, Lizae	12	STGR-XR	40.43
86	Fernandes, Angelina M	12	WSS-LL	40.54
87	Makatiers, Tlotlotsame	10	RBOT-BP	40.60
88	Rabambi, Nduvho	10	BULS-MA	40.65
89	Van der Merwe, Adi E	12	STGR-XR	40.68
90	Opperman, Elmine	10	KTS-JT	40.85
91	Goosen, Jeanine C	10	BLNE-MA	41.17
92	Crossman, Chelsey M	10	BLSS-MA	41.72
93	Nthwane, Bonolo B	12	MATL-KK	41.98
94	Carls, Georgia	9	KTS-JT	42.08
95	de Bruyn, Helene	11	BULS-MA	42.23
96	Ntidi, Rea	10	NWUC-KK	42.62

## SA Level 2 Regional Age Group Champs 2024-NC - 26/03/2024 to 28/03/2024

## Psych Sheet

## #308 ... (Women 19 &amp; Under 50 LC Meter Freestyle)

97	Groenewald, Nina H	9	KTS-JT	42.72
98	Adendorff, Anje	9	KALA-JT	42.95
99	Pretorius, Larike	10	KALA-JT	43.54
100	Bredenkamp, Mariandi	10	BS-LL	43.64
101	Botha, Alexia	10	KALA-JT	47.52
102	Dippenaar, Alexia	11	BS-LL	48.22
103	Visser, Mari-Hane	10	KALA-JT	49.86
104	Louw, Danelle M	9	BULS-MA	50.00

## #309 Men 12 &amp; Under 4x50 LC Meter Freestyle Relay 4 x 50 Freestyle

Team	Relay	Seed Time
1	BLSS-MA	M12 A 1:57.83
	Esterhuysen, Gerco N 10	Steyl, Kayden L 11
	Basson, Noland 11	Nagel, Gideon P 10
2	BLNE-MA	M12 A 2:22.04
	Maree, Lohan L 9	Tredoux, Jandre E 12
	Swart, Petrus J 9	Perry, A.D D 10
3	BS-LL	M12 A 2:25.63
	Bredenkamp, Milne M 11	Kotzé, Izak F 11
	Botha, Lian 11	van Zyl, Hanco 11
4	BULS-MA	M12 A 2:42.72
	Ramantsi, Masegoame 10	Potgieter, Michal 9
	Bester, JC C 11	Potgieter, Luan 12
5	KALA-JT	M12 A 2:46.51
	Louw, André J 10	Lubbe, Andrew 10
	Cockeran, Reuben 8	Jansen, Lee-Rone 12

## #310 Men 13-14 4x50 LC Meter Freestyle Relay 4 x 50 Freestyle

Team	Relay	Seed Time
1	BLSS-MA	A 1:47.49
	Muller, Ihan 14	Van Niekerk, Alexander P 1
	Scott, Logan W 10	DU Plessis, Dale 12

## #311 Men 15-19 4x50 LC Meter Freestyle Relay 4 x 50 Freestyle

Team	Relay	Seed Time
1	BLNE-MA	A 2:03.25
	Van Rensburg, Brian J 16	Van der Bijl, Almero 13
	Guddisa, Elrohi 14	Geyser, Heinrich 16
2	WELA-LL	A 2:25.07
	Nel, Dirk 10	Vermaak, Dirk 12
	Du Toit, Adriaan 12	Van Staden, Albert J 13
3	GHSK-FB	A NT
	Smuts, Darian S 17	Van Niekerk, Daniel 15
	Fredericks, Joshua I 15	Steyn, Le Roux L 16
4	UPSK-ZM	A NT
	Radford, Charles J 13	Boshoff, Arno 15
	Niemand, Gideon J 15	Steyl, Douw L 17

## #312 Women 12 &amp; Under 4x50 LC Meter Freestyle Relay 4 x 50 Freestyle

Team	Relay	Seed Time
1	RBOT-BP	A 2:23.81
	James, Emihle 12	Zoutendyk, Simone 10
	Gqoloma, Olwethu 12	Makatiets, Ontshiametse O
2	BULS-MA	A 2:29.08
	Du Toit, Emma 10	de Wet, Elmane' 11
	Smith, Ilane' 12	Swartz, Ezra 12
3	BLNE-MA	A 2:36.03
	Tredoux, Jane A 10	Olivier, Vida 10
	Retief, Terina 12	Monareng, Rorisang 10
4	BULS-MA	B 2:37.34
	Meyer, Wilhandi 11	Rabambi, Nduvho 10
	Ferreira, Lisa 12	de Bruyn, Helene 11
5	KALA-JT	A 2:37.72
	Julius, Destheonique N 11	Adendorff, Anje 9
	Pretorius, Larike 10	Solomon, Anja 12
6	BS-LL	A 2:37.79
	Barnard, Franzelle 12	Bredenkamp, Mariandi 10
	Dippenaar, Alexia 11	Vorster, Arinda 12

## #313 Women 13-14 4x50 LC Meter Freestyle Relay 4 x 50 Freestyle

Team	Relay	Seed Time
1	BLSS-MA	A 1:32.80
	Welgemoed, Isabelle 13	Theron, Emma-Lee 14
	Volschenk, Anja 14	Pool, Johandri 13
2	UPSK-ZM	A 2:14.80
	Myburgh, Emmah 14	Avenant, Ankia 13
	Lensing, Marlo 14	Engelbrecht, Nieke C 14
3	BULS-MA	A 2:15.02
	Koen, Mia 14	de Wet, Liane' 14
	du Toit, Lurette 13	Hunter, Willow 13
4	BLOT-MA	A 2:15.31
	Kirsten, Jesse 14	Bloem, Umari 12
	Wessels, Janika 13	Le Roux, Lisa 10

## #314 Women 15-19 4x50 LC Meter Freestyle Relay 4 x 50 Freestyle

Team	Relay	Seed Time
1	BLSS-MA	A 1:30.17
	Fourie, Lois 16	Jackson, Kelly 17
	Van Rooyen, Michaela 16	Fourie, Eunice 16
2	UPSK-ZM	A 2:15.96
3	WELA-LL	A 2:23.64
	Cullen, Abi 15	Davies, Ashleigh 15
	Vorster, Mia 11	Laubscher, Shy X 15

## #315 Mixed 12 &amp; Under 4x50 LC Meter Medley Relay 4 x 50 Freestyle

Team	Relay	Seed Time
1	BLSS-MA	A 1:56.90
	Scott, Logan W M10	McQueen, Leanne C W10
	Steyl, Kayden L M11	Crossman, Chelsey M W10
2	BS-LL	A 2:43.18
	Bredenkamp, Milne M M11	Barnard, Franzelle W12
	Kotzé, Izak F M11	Vorster, Arinda W12
3	BULS-MA	A 2:53.41
	Smith, Ilane' W12	Swartz, Ezra W12
	Ramantsi, Masegoame M10	Bester, JC C M11
4	BLNE-MA	A 2:55.67
	Tredoux, Jandre E M12	Monareng, Rorisang W10
	Perry, A.D D M10	Olivier, Vida W10
5	BULS-MA	B 2:59.72
	Du Toit, Emma W10	Potgieter, Luan M12
	de Bruyn, Helene W11	Bakkes, Liam M10
6	KALA-JT	A 3:04.07
	Jansen, Lee-Rone M12	Solomon, Anja W12
	Julius, Destheonique N W1	Louw, André J M10
7	KALA-JT	B 3:47.05
	Lubbe, Andrew M10	Visser, Mari-Hane W10
	Cockeran, Reuben M8	Adendorff, Anje W9

## #316 Mixed 13-14 4x50 LC Meter Medley Relay 4 x 50 Freestyle

Team	Relay	Seed Time
1	BLSS-MA	A 1:41.47
	Welgemoed, Isabelle W13	Nagel, Gideon P M10
	Volschenk, Anja W14	Van Niekerk, Alexander P M
2	BLNE-MA	A 2:34.35
	Van Niekerk, Dayna W13	Van der Bijl, Almero M13
	Guddisa, Elrohi M14	Rossouw, Lechelle W13
3	UPSK-ZM	A 2:36.89
	Boshoff, Mieke W13	Radford, Charles J M13
	Lensing, Marlo W14	Kruger, Rikhardt M12
4	BLOT-MA	A 2:48.02
	Le Roux, Lisa W10	Bloem, Umari W12
	Bergh, Ruan M10	
5	KALA-JT	A 3:05.69
	Botha, Alexia W10	Le Roux, Monique W13
	Visser, Henrikus M M13	Mario, Paulo M M13

## #317 Mixed 15-19 4x50 LC Meter Medley Relay 4 x 50 Freestyle

Team	Relay	Seed Time
1	UPSK-ZM	A 2:16.43
	Niemand, Gideon J M15	Steyl, Douw L M17
	Engelbrecht, Nieke C W14	Avenant, Ankia W13
2	RBOT-BP	A 2:21.85
	Lennox, Jeanrie W13	Gouws, Duan M15
	Mojaepelo, Lethabo T M16	Coetzer, Robynn W13
3	BLSS-MA	A 2:33.99
	Jackson, Kelly W17	DU Plessis, Dale M12
	Fourie, Lois W16	Muller, Ihan M14
4	WELA-LL	A 2:40.80
	Nel, Dirk M10	Davies, Ashleigh W15
	Van Staden, Albert J M13	Laubscher, Shy X W15
5	BULS-MA	A 3:02.35
	de Wet, Liane' W14	du Preez, Hendre M13
	Fourie, Reardon E M15	Koen, Mia W14